

# SUCCESS HIGHWAYS SCOPE AND SEQUENCE: Year 1

**Directions:** Administer the ScholarCentric resiliency assessment to students as soon as possible. If you are using the Success Highways curriculum, testing should be completed no later than lesson 3. Students need *Student Reports* printed from ClearPath before Lesson 4 in order to participate in the lesson. Use the rest of this document to help you plan for delivering the necessary lessons to improve your students' resiliency skills. As a reminder, each lesson is intended to take approximately \*45-60 minutes to deliver (\*each lesson comes with extension activities that could make the lessons longer). Use the pacing guide on the right to determine how you will integrate curriculum instruction at your school or model.

Session Length (Time allotted to teach all or part of lesson)	Sessions per Week	Duration of Success Highways Curriculum - Year 1
~60 minutes	1	15 weeks
~60 minutes	2	7 ½ weeks
~60 minutes	3	5 weeks
~30 minutes	1	30 weeks
~30 minutes	2	15 weeks
~30 minutes	3	10 weeks

**Pre-Test Administration Date:** \_\_\_\_\_

**CLASS/PERIOD/GRADE/GROUP:** \_\_\_\_\_

**Post-Test Administration Date:** \_\_\_\_\_

**TEACHER:** \_\_\_\_\_

SUCCESS HIGHWAYS: Year 1	Date to Teach Lesson:	Lesson Preparation Notes:	Mark Complete:
Unit One – Lesson 1: <i>Your Future</i>			
Unit One – Lesson 2: <i>Your Goals</i>			
Unit One – Lesson 3: <i>Career Ideas</i>			
Unit One – Lesson 4: <i>Analyzing the Importance of School</i>			
Unit Two – Lesson 5: <i>Confidence</i>			
Unit Two – Lesson 6: <i>Analyzing School Confidence</i>			
Unit Three – Lesson 7: <i>Social Support</i>			
Unit Three – Lesson 8: <i>Analyzing Support and Connection</i>			
Unit Four – Lesson 9: <i>Stress</i>			
Unit Four – Lesson 10: <i>Analyzing Stress</i>			
Unit Five – Lesson 11: <i>Health and Well-Being</i>			
Unit Five – Lesson 12: <i>Analyzing Well-Being</i>			
Unit Six – Lesson 13: <i>Motivation</i>			
Unit Six – Lesson 14: <i>Analyzing Motivation</i>			
Unit Seven – Lesson 15: <i>Action Planning</i>			