


SUCCESS HIGHWAYS LESSON TRACKING SHEET (Year 1)

Directions: Use this to track the students who are being taught the Success Highways curriculum. Write a student name in each column header and then track which lessons they were taught by putting either a checkmark next to the corresponding lesson and/or by writing the date that the lesson was delivered to them.

 <p>Student Name:</p>																			
	Unit One – Lesson 1: <i>Your Future</i>																		
	Unit One – Lesson 2: <i>Your Goals</i>																		
	Unit One – Lesson 3: <i>Career Ideas</i>																		
	Unit One – Lesson 4: <i>Analyzing the Importance of School</i>																		
	Unit Two – Lesson 5: <i>Confidence</i>																		
	Unit Two – Lesson 6: <i>Analyzing Confidence</i>																		
	Unit Three – Lesson 7: <i>Social Support</i>																		
	Unit Three – Lesson 8: <i>Analyzing Support and Connections</i>																		
	Unit Four – Lesson 9: <i>Stress</i>																		
	Unit Four – Lesson 10: <i>Analyzing Stress</i>																		
	Unit Five – Lesson 11: <i>Health and Well-Being</i>																		
	Unit Five – Lesson 12: <i>Analyzing Well-Being</i>																		
	Unit Six – Lesson 13: <i>Motivation</i>																		
	Unit Six – Lesson 14: <i>Analyzing Motivation</i>																		
Unit Seven – Lesson 15: <i>Action Planning</i>																			