

**Multimedia Extensions, My Roadmap to the Future, My Success Roadmap**

**Grades: 7, 8, 9, 10, 11, 12**

**States: Ohio Academic Content Standards**

**Subjects: Health and PE, Library / Technology, Science, Social Studies**

**Ohio Academic Content Standards**

**Health and PE**

**Grade 7 - Adopted 2009**

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.3.</b>	Participates regularly in physical activity.
<b>STANDARD / BENCHMARK</b>	<b>3.A:</b>	Engage in regular physical activity inside and outside of school to meet national recommendations for daily physical activity.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.A:1.</b>	<p>Spend a portion of each day participating in physical activity inside or outside of class.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p> <p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.A:3.</b>	<p>Participate in various physical activities that are part of the school or community.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p> <p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.3.</b>	Participates regularly in physical activity.
<b>STANDARD / BENCHMARK</b>	<b>3.B:</b>	Create and monitor a personal plan for physical activity.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:1.</b>	<p>Establish personal physical activity goals to meet the minimum daily expectations for physical activity.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:3.</b>	Monitor physical activity to assess achievement of national daily recommendations for physical activity.

		<p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.A:</b>	Meet or exceed criterion-referenced health-related physical fitness standards.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.A:1.</b>	<p>Perform fitness activities using appropriate principles and practices.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p> <p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.B:</b>	Understand the principles, components and practices of health-related physical fitness.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:1.</b>	<p>Evaluate results of fitness test and develop a plan to improve a fitness component.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.5.</b>	Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.
<b>STANDARD / BENCHMARK</b>	<b>5.B:</b>	Communicate effectively with others to promote respect and conflict resolution in physical activity settings.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:1.</b>	<p>Offer positive suggestions or constructive feedback to facilitate group progress.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:3.</b>	<p>Resolve conflict with sensitivity to the rights and feelings of others.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>

<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:4.</b>	Accept and respect decisions made by the designated official.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
<b>STANDARD / BENCHMARK</b>	<b>6.A:</b>	Engage in challenging experiences that develop confidence and independence.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:1.</b>	Seek personally challenging experiences in physical activity opportunities.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
<b>STANDARD / BENCHMARK</b>	<b>6.B:</b>	Select physical activities that promote self-expression and provide opportunities for social and group interaction.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.B:4.</b>	Resolve conflicts that arise with others without confrontation.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence

**Ohio Academic Content Standards**

**Health and PE**

**Grade 8 - Adopted 2009**

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.3.</b>	Participates regularly in physical activity.
<b>STANDARD / BENCHMARK</b>	<b>3.A:</b>	Engage in regular physical activity inside and outside of school to meet national recommendations for daily physical activity.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.A:1.</b>	Participate in a variety of moderate or vigorous physical activities to meet national recommendations for physical activity.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation

<p><b>BENCHMARK / GRADE LEVEL INDICATOR</b></p>	<p><b>3.A:2.</b></p>	<p>Spend a portion of each day participating in physical activity inside or outside of school.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p> <p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<p><b>BENCHMARK / GRADE LEVEL INDICATOR</b></p>	<p><b>3.A:3.</b></p>	<p>Develop and refine physical activity choices inside and outside of school.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p> <p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<p><b>BENCHMARK / GRADE LEVEL INDICATOR</b></p>	<p><b>3.A:4.</b></p>	<p>Select areas of interest from school and community resources that can fulfill physical activity needs.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p> <p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<p><b>DOMAIN / ACADEMIC CONTENT STANDARD</b></p>	<p><b>OH.3.</b></p>	<p>Participates regularly in physical activity.</p>
<p><b>STANDARD / BENCHMARK</b></p>	<p><b>3.B:</b></p>	<p>Create and monitor a personal plan for physical activity.</p>
<p><b>BENCHMARK / GRADE LEVEL INDICATOR</b></p>	<p><b>3.B:1.</b></p>	<p>Set realistic goals utilizing assessment tools (e.g., log, pedometer, heart rate monitor).</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p>
<p><b>BENCHMARK / GRADE LEVEL INDICATOR</b></p>	<p><b>3.B:3.</b></p>	<p>Monitor progress toward physical activity goals and plan for continued physical activity.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.A:</b>	Meet or exceed criterion-referenced health-related physical fitness standards.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.A:1.</b>	Perform fitness activities using appropriate principles and practices.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.B:</b>	Understand the principles, components and practices of health-related physical fitness.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:3.</b>	Apply principles of training (e.g., specificity, overload, progression) to maintain or improve health-related fitness.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.5.</b>	Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.
<b>STANDARD / BENCHMARK</b>	<b>5.B:</b>	Communicate effectively with others to promote respect and conflict resolution in physical activity settings.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:1.</b>	Provide support or positive suggestions to facilitate group progress or success.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:3.</b>	Resolve conflict with sensitivity to the rights and feelings of others.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:4.</b>	Accept and respect decisions made by the designated official.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School

		Confidence
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
<b>STANDARD / BENCHMARK</b>	<b>6.A:</b>	Engage in challenging experiences that develop confidence and independence.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:2.</b>	Determine appropriate level of challenge for own ability and select tasks to maximize performance.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
<b>STANDARD / BENCHMARK</b>	<b>6.B:</b>	Select physical activities that promote self-expression and provide opportunities for social and group interaction.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.B:3.</b>	Engage in cooperative and competitive physical activities voluntarily and regularly.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence

**Ohio Academic Content Standards**

**Social Studies**

**Grade 7 - Adopted 2002**

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.7.</b>	Social Studies Skills and Methods: Students collect, organize, evaluate and synthesize information from multiple sources to draw logical conclusions. Students communicate this information using appropriate social studies terminology in oral, written or multimedia form and apply what they have learned to societal issues in simulated or real-world settings.
<b>STANDARD / BENCHMARK</b>	<b>7.D.</b>	Work effectively in a group.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence  <b>My Roadmap to the Future</b> Unit 1: Success, Education, & Work - Lesson 01: Defining Success Unit 1: Success, Education, & Work - Lesson 02: Analyzing Jobs Unit 2: Confidence - Lesson 03: Facing Challenges Unit 2: Confidence - Lesson 04: Analyzing Confidence Unit 3: Connections - Lesson 05: Making Connections Unit 3: Connections - Lesson 06: Analyzing Support Unit 6: Motivation - Lesson 11: Showing Motivation

	<p>Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<p><b>STANDARD / BENCHMARK</b></p>	<p>7.2. Grade Level Indicator: Communicating Information: Compare multiple viewpoints and frames of reference related to important events in world history.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Confidence  Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Roadmap to the Future</b>  Unit 2: Confidence - Lesson 03: Facing Challenges</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 01: Your Future  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 3: Highway Connections - Lesson 07: Social Support</p>
<p><b>STANDARD / BENCHMARK</b></p>	<p>7.3. Grade Level Indicator: Problem Solving: Establish guidelines, rules and time lines for group work.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Confidence</p> <p><b>My Roadmap to the Future</b>  Unit 1: Success, Education, &amp; Work - Lesson 01: Defining Success  Unit 1: Success, Education, &amp; Work - Lesson 02: Analyzing Jobs  Unit 2: Confidence - Lesson 03: Facing Challenges  Unit 2: Confidence - Lesson 04: Analyzing Confidence  Unit 3: Connections - Lesson 05: Making Connections  Unit 3: Connections - Lesson 06: Analyzing Support  Unit 6: Motivation - Lesson 11: Showing Motivation  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<p><b>STANDARD / BENCHMARK</b></p>	<p>7.4. Grade Level Indicator: Problem Solving: Reflect on the performance of a classroom group in which one has participated including the contribution of each member in reaching group goals.</p> <p><b>Multimedia Extensions</b></p>

		<p>Multimedia Extensions: Confidence</p> <p><b>My Roadmap to the Future</b>  Unit 1: Success, Education, &amp; Work - Lesson 01: Defining Success  Unit 1: Success, Education, &amp; Work - Lesson 02: Analyzing Jobs  Unit 2: Confidence - Lesson 03: Facing Challenges  Unit 2: Confidence - Lesson 04: Analyzing Confidence  Unit 3: Connections - Lesson 05: Making Connections  Unit 3: Connections - Lesson 06: Analyzing Support  Unit 6: Motivation - Lesson 11: Showing Motivation  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
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**Ohio Academic Content Standards**

**Social Studies**

**Grade 8 - Adopted 2002**

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.7.</b>	Social Studies Skills and Methods: Students collect, organize, evaluate and synthesize information from multiple sources to draw logical conclusions. Students communicate this information using appropriate social studies terminology in oral, written or multimedia form and apply what they have learned to societal issues in simulated or real-world settings.
<b>STANDARD / BENCHMARK</b>	<b>7.D.</b>	<p>Work effectively in a group.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Confidence</p> <p><b>My Roadmap to the Future</b>  Unit 1: Success, Education, &amp; Work - Lesson 01: Defining Success  Unit 1: Success, Education, &amp; Work - Lesson 02: Analyzing Jobs  Unit 2: Confidence - Lesson 03: Facing Challenges  Unit 2: Confidence - Lesson 04: Analyzing Confidence  Unit 3: Connections - Lesson 05: Making Connections  Unit 3: Connections - Lesson 06: Analyzing Support  Unit 6: Motivation - Lesson 11: Showing Motivation  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>STANDARD / BENCHMARK</b>	<b>7.2.</b>	Grade Level Indicator: Communicating Information: Construct a historical narrative using primary and secondary sources.

		<p><b>Multimedia Extensions</b>  Multimedia Extensions: Confidence  Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Roadmap to the Future</b>  Unit 2: Confidence - Lesson 03: Facing Challenges</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 01: Your Future  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 2: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 3: Highway Connections - Lesson 07: Social Support</p>
<b>STANDARD / BENCHMARK</b>	7.4.	<p>Grade Level Indicator: Problem Solving: Organize and lead a discussion.</p> <p><b>My Roadmap to the Future</b>  Unit 1: Success, Education, &amp; Work - Lesson 01: Defining Success  Unit 1: Success, Education, &amp; Work - Lesson 02: Analyzing Jobs  Unit 2: Confidence - Lesson 03: Facing Challenges  Unit 2: Confidence - Lesson 04: Analyzing Confidence  Unit 3: Connections - Lesson 05: Making Connections  Unit 3: Connections - Lesson 06: Analyzing Support  Unit 6: Motivation - Lesson 11: Showing Motivation  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 01: Your Future  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection</p>

**Ohio Academic Content Standards**

**Health and PE**

**Grade 9 - Adopted 2009**

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.3.</b>	Participates regularly in physical activity.
<b>STANDARD / BENCHMARK</b>	<b>3.B:</b>	Create and monitor a personal plan for physical activity.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:1.</b>	Evaluate personal needs and set realistic goals for improving physical activity participation.
		<b>Multimedia Extensions</b>

		<p>Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:3.</b>	<p>Monitor physical activity and intensity levels using technology (e.g., pedometer, heart rate monitor and/or physical activity log).</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:4.</b>	<p>Document participation in a variety of physical activities for one month.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.A:</b>	Meet or exceed criterion-referenced health-related physical fitness standards.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.A:1.</b>	<p>Perform fitness activities using appropriate principles and practices.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p> <p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.B:</b>	Understand the principles, components and practices of health-related physical fitness.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:2.</b>	<p>Demonstrate and report on the components of health-related fitness within a personal physical activity program.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:3.</b>	Construct a timeline for improvement to accompany personal fitness plan.

		<p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:4.</b>	<p>Define and determine target training zone and apply it to fitness and physical activities.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:5.</b>	<p>Apply principles of training to monitor and adjust activity levels to meet personal fitness needs.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.5.</b>	<p>Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.</p>
<b>STANDARD / BENCHMARK</b>	<b>5.A:</b>	<p>Demonstrate leadership by holding self and others responsible for following safe practices, rules, procedures and etiquette in physical activity settings.</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.A:2.</b>	<p>Exhibit appropriate etiquette in a variety of cooperative and competitive physical activities.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.5.</b>	<p>Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.</p>
<b>STANDARD / BENCHMARK</b>	<b>5.B:</b>	<p>Initiate responsible personal social behavior and positively influence the behavior of others in physical activity settings.</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:1.</b>	<p>Communicate effectively with others to promote respect and conflict resolution in cooperative and competitive physical activities.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:3.</b>	<p>Encourage appropriate etiquette and socially responsible behavior of participants and audience.</p>

		<p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B.4.</b>	<p>Accept decisions made by the designated official and respond to winning or losing with dignity and respect.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	<p>Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.</p>
<b>STANDARD / BENCHMARK</b>	<b>6.A:</b>	<p>Use physical activity to promote personal growth, goal setting and enjoyment.</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A.1.</b>	<p>Choose an appropriate level of challenge to experience success and desire to participate in physical activity for a lifetime.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A.2.</b>	<p>Reflect on motivations and goals that determine physical activity participation.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A.3.</b>	<p>Appreciate enjoyment, satisfaction and benefits of regular physical activity.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p> <p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A.4.</b>	<p>Participate in activities that provide enjoyment and challenge.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p>

**Ohio Academic Content Standards**

**Health and PE**

Grade 10 - Adopted 2009

DOMAIN / ACADEMIC CONTENT STANDARD	OH.3.	Participates regularly in physical activity.
STANDARD / BENCHMARK	3.A:	Identify and engage in regular physical activities inside and outside of school to meet daily national recommendations for daily physical activity.
BENCHMARK / GRADE LEVEL INDICATOR	3.A:3.	Participate in and report on at least two available fitness and/or recreational organizations in the community that meet personal needs and interests.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation
DOMAIN / ACADEMIC CONTENT STANDARD	OH.3.	Participates regularly in physical activity.
STANDARD / BENCHMARK	3.B:	Create and monitor a personal plan for physical activity.
BENCHMARK / GRADE LEVEL INDICATOR	3.B:1.	Monitor physical activity and intensity levels using technology (e.g., pedometer, heart rate monitor, physical activity log).  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
BENCHMARK / GRADE LEVEL INDICATOR	3.B:3.	Keep a daily record of physical activity participation to evaluate progress in achieving personal goals.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
BENCHMARK / GRADE LEVEL INDICATOR	3.B:4.	Document participation in a variety of physical activities for one month.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
DOMAIN / ACADEMIC CONTENT STANDARD	OH.4.	Achieves and maintains a health-enhancing level of physical fitness.
STANDARD / BENCHMARK	4.A:	Meet or exceed criterion-referenced health-related physical fitness standards.

BENCHMARK / GRADE LEVEL INDICATOR	4.A:1.	<p>Perform fitness activities using appropriate principles and practices.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p> <p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
DOMAIN / ACADEMIC CONTENT STANDARD	OH.4.	Achieves and maintains a health-enhancing level of physical fitness.
STANDARD / BENCHMARK	4.B:	Understand the principles, components and practices of health-related physical fitness.
BENCHMARK / GRADE LEVEL INDICATOR	4.B:2.	<p>Refine and report the components of health-related fitness within a personal physical activity program.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p>
BENCHMARK / GRADE LEVEL INDICATOR	4.B:3.	<p>Construct a timeline for improvement to accompany personal fitness plan.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
BENCHMARK / GRADE LEVEL INDICATOR	4.B:4.	<p>Define and determine target training zone within a personal physical activity program and work to improve.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
DOMAIN / ACADEMIC CONTENT STANDARD	OH.5.	Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.
STANDARD / BENCHMARK	5.A:	Demonstrate leadership by holding self and others responsible for following safe practices, rules, procedures and etiquette in physical activity settings.
BENCHMARK / GRADE LEVEL INDICATOR	5.A:2.	<p>Exhibit appropriate etiquette in a variety of cooperative and competitive physical activities.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
DOMAIN / ACADEMIC	OH.5.	Exhibits responsible personal behavior and social behavior that respects

<b>CONTENT STANDARD</b>		self and others in physical activity settings.
<b>STANDARD / BENCHMARK</b>	<b>5.B:</b>	Initiate responsible personal social behavior and positively influence the behavior of others in physical activity settings.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:1.</b>	Communicate effectively with others to promote respect and conflict resolution in cooperative and competitive physical activities.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:3.</b>	Encourage appropriate etiquette and socially responsible behavior of participants and audience.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:4.</b>	Accept decisions made by the designated official and respond to winning or losing with dignity and respect.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
<b>STANDARD / BENCHMARK</b>	<b>6.A:</b>	Use physical activity to promote personal growth, goal setting and enjoyment.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:1.</b>	Choose an appropriate level of challenge to experience success and desire to participate in physical activity for a lifetime.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:2.</b>	Reflect on motivations and goals that determine physical activity participation.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation

**Ohio Academic Content Standards**

**Health and PE**

**Grade 11 - Adopted 2009**

<b>DOMAIN / ACADEMIC</b>	<b>OH.3.</b>	Participates regularly in physical activity.
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<b>CONTENT STANDARD</b>		
<b>STANDARD / BENCHMARK</b>	<b>3.B:</b>	Create and monitor a personal plan for physical activity.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:1.</b>	Use technology (e.g., heart rate monitor, stopwatch, fitness software) to determine appropriate levels of intensity and progressively adjust level of intensity as fitness level improves.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:2.</b>	Document participation in physical activity in addition to physical education class to achieve personal goals.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:4.</b>	Document and evaluate participation in physical activity for one month.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.A:</b>	Meet or exceed criterion-referenced health-related physical fitness standards.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.A:1.</b>	Perform fitness activities using appropriate principles and practices.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.B:</b>	Understand the principles, components and practices of health-related physical fitness.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:1.</b>	Evaluate a fitness self-assessment and develop a physical fitness plan that accommodates changes in age, growth and development to enhance personal health and performance in future leisure and workplace activities.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress

		<p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:3.</b>	<p>Develop and maintain a personal fitness portfolio (e.g., assessment scores, goals for improvement, plan of activities for improvement, log of activities being done to reach goals, timeline for improvement).</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.5.</b>	Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.
<b>STANDARD / BENCHMARK</b>	<b>5.A:</b>	Demonstrate leadership by holding self and others responsible for following safe practices, rules, procedures and etiquette in physical activity settings.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.A:2.</b>	<p>Encourage others to apply appropriate etiquette in a variety of authentic physical activity settings.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.5.</b>	Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.
<b>STANDARD / BENCHMARK</b>	<b>5.B:</b>	Initiate responsible personal social behavior and positively influence the behavior of others in physical activity settings.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:1.</b>	<p>Communicate effectively with others to promote respect and conflict resolution in cooperative and competitive physical activities.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:3.</b>	<p>Encourage appropriate etiquette and socially responsible behavior of participants and audience.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:4.</b>	<p>Accept decisions made by the designated official and respond to winning or losing with dignity and respect.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
<b>STANDARD / BENCHMARK</b>	<b>6.A:</b>	Use physical activity to promote personal growth, goal setting and enjoyment.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:1.</b>	Reflect on motivations and goals that determine physical activity participation.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:2.</b>	Choose an appropriate level of challenge to experience success and desire to participate in physical activity for a lifetime.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:3.</b>	Participate in activities that provide enjoyment and challenge.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
<b>STANDARD / BENCHMARK</b>	<b>6.B:</b>	Pursue physical activities that promote self-expression and provide opportunities for social and group interaction.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.B:1.</b>	Reflect on goals and needs related to lifetime participation in physical activity.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.B:2.</b>	Actively pursue goals and needs related to lifetime participation in physical activity.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation

**Ohio Academic Content Standards**

**Health and PE**

**Grade 12 - Adopted 2009**

<b>DOMAIN / ACADEMIC</b>	<b>OH.3.</b>	Participates regularly in physical activity.
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<b>CONTENT STANDARD</b>		
<b>STANDARD / BENCHMARK</b>	<b>3.B:</b>	Create and monitor a personal plan for physical activity.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:1.</b>	Use technology (e.g., heart rate monitor, stopwatch, fitness software) to determine appropriate levels of intensity and progressively adjust level of intensity as fitness level improves.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:2.</b>	Document participation in physical activity in addition to physical education class to achieve personal goals.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>3.B:4.</b>	Document and evaluate participation in physical activity for one month.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.A:</b>	Meet or exceed criterion-referenced health-related physical fitness standards.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.A:1.</b>	Perform fitness activities using appropriate principles and practices.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	Achieves and maintains a health-enhancing level of physical fitness.
<b>STANDARD / BENCHMARK</b>	<b>4.B:</b>	Understand the principles, components and practices of health-related physical fitness.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:1.</b>	Evaluate a fitness self-assessment and develop a physical fitness plan that accommodates changes in age, growth and development to enhance personal health and performance in future leisure and workplace activities.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress

		<p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>4.B:3.</b>	<p>Develop and maintain a personal fitness portfolio (e.g., assessment scores, goals for improvement, plan of activities for improvement, log of activities being done to reach goals, timeline for improvement).</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.5.</b>	Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.
<b>STANDARD / BENCHMARK</b>	<b>5.B:</b>	Initiate responsible personal social behavior and positively influence the behavior of others in physical activity settings.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:1.</b>	<p>Communicate effectively with others to promote respect and conflict resolution in cooperative and competitive physical activities.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:3.</b>	<p>Encourage appropriate etiquette and socially responsible behavior of participants and audience.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>5.B:4.</b>	<p>Accept decisions made by the designated official and respond to winning or losing with dignity and respect.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
<b>STANDARD / BENCHMARK</b>	<b>6.A:</b>	Use physical activity to promote personal growth, goal setting and enjoyment.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:1.</b>	<p>Analyze the physical, social and psychological benefits of participation in physical activity.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Stress</p>

<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:3.</b>	Identify individual movement and health-related fitness skills requiring improvement.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:4.</b>	Choose an appropriate level of challenge to experience success and desire to participate in physical activity for a lifetime.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.A:5.</b>	Participate in and promote physical activity outside the formal educational environment for enjoyment.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.6.</b>	Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
<b>STANDARD / BENCHMARK</b>	<b>6.B:</b>	Pursue physical activities that promote self-expression and provide opportunities for social and group interaction.
<b>BENCHMARK / GRADE LEVEL INDICATOR</b>	<b>6.B:1.</b>	Actively pursue goals and needs related to lifetime participation in physical activity.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation

**Ohio Academic Content Standards**

**Social Studies**

**Grade 9 - Adopted 2002**

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.7.</b>	Social Studies Skills and Methods: Students collect, organize, evaluate and synthesize information from multiple sources to draw logical conclusions. Students communicate this information using appropriate social studies terminology in oral, written or multimedia form and apply what they have learned to societal issues in simulated or real-world settings.
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<b>STANDARD / BENCHMARK</b>	<b>7.4.</b>	<p>Grade Level Indicator: Communicating Information: Develop and present a research project including: Collection of data; Narrowing and refining the topic; Construction and support of the thesis.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
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**Ohio Academic Content Standards**

**Social Studies**

**Grade 10 - Adopted 2002**

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.7.</b>	<p>Social Studies Skills and Methods: Students collect, organize, evaluate and synthesize information from multiple sources to draw logical conclusions. Students communicate this information using appropriate social studies terminology in oral, written or multimedia form and apply what they have learned to societal issues in simulated or real-world settings.</p>
<b>STANDARD / BENCHMARK</b>	<b>7.1.</b>	<p>Grade Level Indicator: Thinking and Organizing: Determine the credibility of sources by considering the following: The qualifications and reputation of the writer; Agreement with other credible sources; Recognition of stereotypes; Accuracy and consistency of sources; The circumstances in which the author prepared the source.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

**Ohio Academic Content Standards**

**Social Studies**

**Grade 11 - Adopted 2002**

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	<p>Economics: Students use economic reasoning skills and knowledge of major economic concepts, issues and systems in order to make informed choices as producers, consumers, savers, investors, workers and citizens in an interdependent world.</p>
<b>STANDARD / BENCHMARK</b>	<b>4.E.</b>	<p>Explain the use of a budget in making personal economic decisions and planning for the future.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting</p>
<b>STANDARD / BENCHMARK</b>	<b>4.2.</b>	<p>Grade Level Indicator: Scarcity and Resource Allocation: Explain ways that people respond to incentives when allocating their scarce resources in their roles as producers, consumers, savers, workers and investors.</p> <p><b>Multimedia Extensions</b></p>

		Multimedia Extensions: Importance of School / Goal-Setting
<b>STANDARD / BENCHMARK</b>	<b>4.11.</b>	Grade Level Indicator: Personal Finance: Explain why incomes will differ in the labor market depending on supply and demand for skills, abilities and education levels.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
<b>STANDARD / BENCHMARK</b>	<b>4.12.</b>	Grade Level Indicator: Personal Finance: Explain the role of individuals in the economy as producers, consumers, savers, workers and investors.  <b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting
<b>STANDARD / BENCHMARK</b>	<b>4.13.</b>	Grade Level Indicator: Personal Finance: Explain the consequences of the economic choices made by individuals and the tools which they use to manage their financial resources including: Budgets; Savings; Investments; Credit; Philanthropy.  <b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.7.</b>	Social Studies Skills and Methods: Students collect, organize, evaluate and synthesize information from multiple sources to draw logical conclusions. Students communicate this information using appropriate social studies terminology in oral, written or multimedia form and apply what they have learned to societal issues in simulated or real-world settings.
<b>STANDARD / BENCHMARK</b>	<b>7.B.</b>	Critique data and information to determine the adequacy of support for conclusions.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
<b>STANDARD / BENCHMARK</b>	<b>7.C.</b>	Develop a research project that identifies the various perspectives on an issue and explain a resolution of that issue.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
<b>STANDARD / BENCHMARK</b>	<b>7.D.</b>	Work in groups to analyze an issue and make decisions.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence  <b>My Roadmap to the Future</b> Unit 1: Success, Education, & Work - Lesson 01: Defining Success Unit 1: Success, Education, & Work - Lesson 02: Analyzing Jobs

		<p>Unit 2: Confidence - Lesson 03: Facing Challenges  Unit 2: Confidence - Lesson 04: Analyzing Confidence  Unit 3: Connections - Lesson 05: Making Connections  Unit 3: Connections - Lesson 06: Analyzing Support  Unit 6: Motivation - Lesson 11: Showing Motivation  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>STANDARD / BENCHMARK</b>	<b>7.4.</b>	<p>Grade Level Indicator: Obtaining Information: Adjust a research question or topic based on information obtained while conducting research.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

**Ohio Academic Content Standards**

**Social Studies**

**Grade 12 - Adopted 2002**

<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.1.</b>	<p>History: Students use materials drawn from the diversity of human experience to analyze and interpret significant events, patterns and themes in the history of Ohio, the United States and the world.</p>
<b>STANDARD / BENCHMARK</b>	<b>1.3.</b>	<p>Grade Level Indicator: Analysis and Interpretation: Analyze cause-and-effect relationships and multiple causation including the influence of ideas, the role of chance and individual and collective action.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Confidence  Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Roadmap to the Future</b>  Unit 2: Confidence - Lesson 03: Facing Challenges</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 01: Your Future  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 3: Highway Connections - Lesson 07: Social Support</p>
<b>DOMAIN / ACADEMIC CONTENT STANDARD</b>	<b>OH.4.</b>	<p>Economics: Students use economic reasoning skills and knowledge of major economic concepts, issues and systems in order to make informed choices as producers, consumers, savers, investors, workers and citizens in an interdependent world.</p>

STANDARD / BENCHMARK	4.E.	<p>Explain the use of a budget in making personal economic decisions and planning for the future.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting</p>
STANDARD / BENCHMARK	4.1.	<p>Grade Level Indicator: Scarcity and Resource Allocation: Compare how values and beliefs influence economic decisions in different communities.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting</p>
DOMAIN / ACADEMIC CONTENT STANDARD	OH.7.	<p>Social Studies Skills and Methods: Students collect, organize, evaluate and synthesize information from multiple sources to draw logical conclusions. Students communicate this information using appropriate social studies terminology in oral, written or multimedia form and apply what they have learned to societal issues in simulated or real-world settings.</p>
STANDARD / BENCHMARK	7.B.	<p>Critique data and information to determine the adequacy of support for conclusions.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
STANDARD / BENCHMARK	7.C.	<p>Develop a research project that identifies the various perspectives on an issue and explain a resolution of that issue.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
STANDARD / BENCHMARK	7.D.	<p>Work in groups to analyze an issue and make decisions.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p> <p><b>My Roadmap to the Future</b> Unit 1: Success, Education, &amp; Work - Lesson 01: Defining Success Unit 1: Success, Education, &amp; Work - Lesson 02: Analyzing Jobs Unit 2: Confidence - Lesson 03: Facing Challenges Unit 2: Confidence - Lesson 04: Analyzing Confidence Unit 3: Connections - Lesson 05: Making Connections Unit 3: Connections - Lesson 06: Analyzing Support Unit 6: Motivation - Lesson 11: Showing Motivation Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 2: Highway to Confidence - Lesson 05: Confidence Unit 3: Highway Connections - Lesson 07: Social Support</p>

		Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>STANDARD / BENCHMARK</b>	<b>7.3.</b>	<p>Grade Level Indicator: Thinking and Organizing: Research an issue or topic by gathering, recording, evaluating and interpreting relevant data.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>STANDARD / BENCHMARK</b>	<b>7.6.</b>	<p>Grade Level Indicator: Problem Solving: Build consensus within a group by: Finding points of agreement; Identifying points individuals are willing to concede; Making sure that all voices are heard; Attempting to understand the view of others.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p> <p><b>My Roadmap to the Future</b> Unit 1: Success, Education, &amp; Work - Lesson 01: Defining Success Unit 1: Success, Education, &amp; Work - Lesson 02: Analyzing Jobs Unit 2: Confidence - Lesson 03: Facing Challenges Unit 2: Confidence - Lesson 04: Analyzing Confidence Unit 3: Connections - Lesson 05: Making Connections Unit 3: Connections - Lesson 06: Analyzing Support Unit 6: Motivation - Lesson 11: Showing Motivation Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 2: Highway to Confidence - Lesson 05: Confidence Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>STANDARD / BENCHMARK</b>	<b>7.7.</b>	<p>Grade Level Indicator: Problem Solving: Engage in group work on issues-analysis and decision-making: Identify a problem or dilemma; Analyze the interests, values and points of view; Identify causes of the problem or dilemma; Propose alternative solutions; Formulate a position or course of action; Evaluate the consequences of the action taken.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p> <p><b>My Roadmap to the Future</b> Unit 1: Success, Education, &amp; Work - Lesson 01: Defining Success Unit 1: Success, Education, &amp; Work - Lesson 02: Analyzing Jobs Unit 2: Confidence - Lesson 03: Facing Challenges Unit 2: Confidence - Lesson 04: Analyzing Confidence Unit 3: Connections - Lesson 05: Making Connections Unit 3: Connections - Lesson 06: Analyzing Support Unit 6: Motivation - Lesson 11: Showing Motivation Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

		Unit 2: Highway to Confidence - Lesson 05: Confidence Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
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