

**Multimedia Extensions, My Roadmap to the Future, My Success Roadmap**

**Grades:** 7, 8, 9, 10, 11, 12

**States:** North Carolina Common Core State and Essential Standards

**Subjects:** Health and PE, Library / Technology, Science, Social Studies

**North Carolina Common Core State and Essential Standards**

**Health and PE**

**Grade 7 - Adopted 2010**

<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>7.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>7.MEH.1.</b>	Analyze the relationship between healthy expression of emotions, mental health, and healthy behavior.
<b>CLARIFYING OBJECTIVE</b>	<b>7.MEH.1.3.</b>	Organize resources (family, school, community) for mental and emotional health problems.  <b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 06: Analyzing Support Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>7.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>7.MEH.2.</b>	Evaluate positive stress management strategies.
<b>CLARIFYING OBJECTIVE</b>	<b>7.MEH.2.1.</b>	Critique a variety of stress management techniques.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress Multimedia Extensions: Well-Being  <b>My Roadmap to the Future</b> Unit 4: Stress - Lesson 07: Handling Pressure Unit 5: Well-Being - Lesson 09: Finding Balance  <b>My Success Roadmap</b> Unit 4: Highway Roadblocks-Managing Stress - Lesson 09:

		<p>Stress</p> <p>Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress</p> <p>Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being</p> <p>Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>CLARIFYING OBJECTIVE</b>	<b>7.MEH.2.2.</b>	<p>Design a stress management plan that is appropriate for the situation and individual traits and skills.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>  Unit 4: Stress - Lesson 07: Handling Pressure  Unit 5: Well-Being - Lesson 09: Finding Balance</p> <p><b>My Success Roadmap</b>  Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>7.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>7.MEH.3.</b>	Apply help-seeking strategies for depression and mental disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>7.MEH.3.1.</b>	<p>Identify resources that would be appropriate for treating common mental disorders.</p> <p><b>My Success Roadmap</b>  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>CLARIFYING OBJECTIVE</b>	<b>7.MEH.3.2.</b>	<p>Implement strategies to seek help from an adult for self-destructive thoughts or behaviors.</p> <p><b>My Roadmap to the Future</b>  Unit 3: Connections - Lesson 05: Making Connections</p> <p><b>My Success Roadmap</b>  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 3: Highway Connections - Lesson 08: Analyzing Support</p>

		& Connection Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>7.PCH.</b>	Personal and Consumer Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>7.PCH.1.</b>	Understand wellness, disease prevention, and recognition of symptoms.
<b>CLARIFYING OBJECTIVE</b>	<b>7.PCH.1.1.</b>	Explain health and academic consequences of inadequate rest and sleep.  <b>Multimedia Extensions</b> Multimedia Extensions: Well-Being  <b>My Success Roadmap</b> Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>7.ICR.</b>	Interpersonal Communication and Relationships
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>7.ICR.2.</b>	Remember abstinence outside of marriage from sexual activity as a positive choice for young people.
<b>CLARIFYING OBJECTIVE</b>	<b>7.ICR.2.1.</b>	Explain the effects of culture, media, and family values on decisions related to becoming or remaining abstinent.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation  <b>My Roadmap to the Future</b> Unit 5: Well-Being - Lesson 10: Analyzing Well-Being Unit 6: Motivation - Lesson 12: Analyzing Motivation  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 01: Your Future Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being

<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>7.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>7.NPA.4.</b>	Apply lifelong nutrition and health-related fitness concepts to enhance quality of life.
<b>CLARIFYING OBJECTIVE</b>	<b>7.NPA.4.1.</b>	Design goals for increasing physical activity and strategies for achieving those goals.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>CLARIFYING OBJECTIVE</b>	<b>7.NPA.4.2.</b>	Implement a personal fitness plan that balances caloric intake and expenditure.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>7.MC.</b>	(MC) Movement Concepts
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>7.MC.2.</b>	Understand concepts, principles, strategies and tactics that apply to the learning and performance of movement.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.7.MC.2.4.</b>	Understand the relationship between ones social life and healthy habits such as physical activity, nutrition, and sleep.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress Multimedia Extensions: Well-Being

North Carolina Common Core State and Essential Standards

Health and PE

Grade 8 - Adopted 2010

<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
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<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.MEH.1.</b>	Create positive stress management strategies.
<b>CLARIFYING OBJECTIVE</b>	<b>8.MEH.1.1.</b>	<p>Evaluate stress management strategies based on personal experience.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>  Unit 4: Stress - Lesson 07: Handling Pressure  Unit 5: Well-Being - Lesson 09: Finding Balance</p> <p><b>My Success Roadmap</b>  Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>CLARIFYING OBJECTIVE</b>	<b>8.MEH.1.2.</b>	<p>Design a plan to prevent stressors or manage the effects of stress.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>  Unit 4: Stress - Lesson 07: Handling Pressure  Unit 5: Well-Being - Lesson 09: Finding Balance  Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>8.MEH.1.3.</b>	<p>Design effective methods to deal with anxiety.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>  Unit 4: Stress - Lesson 07: Handling Pressure</p>

		<p>Unit 5: Well-Being - Lesson 09: Finding Balance  Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.MEH.2.</b>	Evaluate how structured thinking (decision making, problem solving, goal setting) benefits emotional well-being.
<b>CLARIFYING OBJECTIVE</b>	<b>8.MEH.2.2.</b>	<p>Critique personal use of structured thinking to enhance emotional well-being (based on appropriateness, effectiveness, and consistency).</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Importance of School / Goal-Setting  Multimedia Extensions: Motivation  Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>  Unit 1: Success, Education, &amp; Work - Lesson 01: Defining Success  Unit 1: Success, Education, &amp; Work - Lesson 02: Analyzing Jobs  Unit 2: Confidence - Lesson 04: Analyzing Confidence  Unit 4: Stress - Lesson 07: Handling Pressure  Unit 4: Stress - Lesson 08: Analyzing Stress  Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  Unit 6: Motivation - Lesson 11: Showing Motivation</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 01: Your Future  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 2: Highway to Confidence - Lesson 05: Confidence  Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence  Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being  Unit 6: Highway to Motivation - Lesson 14: Analyzing Motivation</p>

		Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.MEH.3.</b>	Apply help-seeking strategies for depression and mental disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>8.MEH.3.1.</b>	Recognize signs and symptoms of hurting self or others.  <b>My Success Roadmap</b> Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being
<b>CLARIFYING OBJECTIVE</b>	<b>8.MEH.3.2.</b>	Implement a plan for seeking adult help for peers who express symptoms of self-injury or suicidal intent.  <b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.PCH.</b>	Personal and Consumer Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.PCH.2.</b>	Evaluate health information and products.
<b>CLARIFYING OBJECTIVE</b>	<b>8.PCH.2.2.</b>	Judge the effects of popular fads on health (tattooing, piercing, artificial fingernails).  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence  <b>My Roadmap to the Future</b> Unit 5: Well-Being - Lesson 10: Analyzing Well-Being Unit 6: Motivation - Lesson 12: Analyzing Motivation  <b>My Success Roadmap</b>

		Unit 3: Highway Connections - Lesson 07: Social Support Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.ICR.</b>	Interpersonal Communication and Relationships
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.ICR.1.</b>	Understand healthy and effective interpersonal communication and relationships.
<b>CLARIFYING OBJECTIVE</b>	<b>8.ICR.1.1.</b>	<p>Contrast characteristics of healthy and unhealthy relationships for friendships and for dating.</p> <p><b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections Unit 3: Connections - Lesson 06: Analyzing Support</p> <p><b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>8.ICR.1.4.</b>	<p>Illustrate communication skills that build and maintain healthy relationships.</p> <p><b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 06: Analyzing Support Unit 5: Well-Being - Lesson 09: Finding Balance Unit 6: Motivation - Lesson 12: Analyzing Motivation</p>
<b>CLARIFYING OBJECTIVE</b>	<b>8.ICR.1.6.</b>	<p>Recognize resources that can be used to deal with unhealthy relationships.</p> <p><b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.NPA.3.</b>	Analyze the relationship of nutrition, fitness, and healthy weight management to the prevention of diseases such as diabetes, obesity,



		cardiovascular diseases, and eating disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>8.NPA.3.1.</b>	Identify media and peer pressures that result in unhealthy weight control (eating disorders, fad dieting, excessive exercise, smoking).  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.NPA.4.</b>	Analyze plans for lifelong nutrition and health-related fitness to enhance quality of life.
<b>CLARIFYING OBJECTIVE</b>	<b>8.NPA.4.3.</b>	Summarize the benefits of regular physical activity.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.HF.</b>	(HF) Health-Related Fitness
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.HF.3.</b>	Understand the importance of achieving and maintaining a health-enhancing level of physical fitness.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.8.HF.3.2.</b>	Summarize the potential short and long-term physical, social, and emotional impacts of physical activity as a positive lifestyle choice.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress
<b>CLARIFYING OBJECTIVE</b>	<b>PE.8.HF.3.3.</b>	Use a variety of resources to assess, monitor, and improve personal fitness.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence Unit 6: Highway to Motivation - Lesson 13: Motivation

North Carolina Common Core State and Essential Standards

Social Studies

Grade 7 - Adopted 2010

CONTENT AREA / STRAND	NC.7.H.	History
STRAND / ESSENTIAL STANDARD	7.H.1.	Use historical thinking to analyze various modern societies.
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	7.H.1.1.	Construct charts, graphs, and historical narratives to explain particular events or issues over time.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection
CONTENT AREA / STRAND	NC.7.C.	Culture
STRAND / ESSENTIAL STANDARD	7.C.1.	Understand how cultural values influence relationships between individuals, groups and political entities in modern societies and regions.
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	7.C.1.2.	Explain how cultural expressions (e.g. art, literature, architecture and music) influence modern society.  <b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting
CONTENT AREA / STRAND	NC.CC.6-8.RH.	Reading Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Key Ideas and Details
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	6-8.RH.3.	Identify key steps in a text's description of a process related to history/social studies (e.g., how a bill becomes law, how interest rates are raised or lowered).  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School

<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Craft and Structure
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.RH.5.</b>	Describe how a text presents information (e.g., sequentially, comparatively, causally).  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Integration of Knowledge and Ideas
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.RH.7.</b>	Integrate visual information (e.g., in charts, graphs, photographs, videos, or maps) with other information in print and digital texts.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Range of Reading and Level of Text Complexity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.RH.10.</b>	By the end of grade 8, read and comprehend history/social studies texts in the grades 6-8 text complexity band independently and proficiently.  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING</b>	<b>6-8.WHST.1.</b>	Write arguments focused on discipline-specific content.

<b>OBJECTIVE</b>		
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.1.c.</b>	Use words, phrases, and clauses to create cohesion and clarify the relationships among claim(s), counterclaims, reasons, and evidence.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.1.d.</b>	Establish and maintain a formal style.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.1.e.</b>	Provide a concluding statement or section that follows from and supports the argument presented.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.</b>	Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.b.</b>	Develop the topic with relevant, well-chosen facts, definitions, concrete details, quotations, or other information and examples.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning

		Planning
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.c.</b>	Use appropriate and varied transitions to create cohesion and clarify the relationships among ideas and concepts.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.d.</b>	Use precise language and domain-specific vocabulary to inform about or explain the topic.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.e.</b>	Establish and maintain a formal style and objective tone.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.f.</b>	Provide a concluding statement or section that follows from and supports the information or explanation presented.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING</b>	<b>6-8.WHST.3.</b>	(See note; not applicable as a separate requirement)

<b>OBJECTIVE</b>		
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.3.a.</b>	<p>Note: Students' narrative skills continue to grow in these grades. The Standards require that students be able to incorporate narrative elements effectively into arguments and informative/explanatory texts. In history/social studies, students must be able to incorporate narrative accounts into their analyses of individuals or events of historical import.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Production and Distribution of Writing
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.4.</b>	<p>Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Research to Build and Present Knowledge
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.7.</b>	<p>Conduct short research projects to answer a question (including a self-generated question), drawing on several sources and generating additional related, focused questions that allow for multiple avenues of exploration.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.8.</b>	<p>Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.</p>

		<p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<p><b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b></p>	<p><b>6-8.WHST.9.</b></p>	<p>Draw evidence from informational texts to support analysis reflection, and research.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

**North Carolina Common Core State and Essential Standards**

**Social Studies**

**Grade 8 - Adopted 2010**

<b>CONTENT AREA / STRAND</b>	<b>NC.8.E.</b>	Economics and Financial Literacy
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.E.1.</b>	Understand the economic activities of North Carolina and the United States.
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.E.1.3.</b>	<p>Explain how quality of life is impacted by personal financial choices (e.g. credit, savings, investing, borrowing and giving).</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.8.C&amp;G.</b>	Civics and Governance
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.C&amp;G.1.</b>	Analyze how democratic ideals shaped government in North Carolina and the United States.
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.C&amp;G.1.3.</b>	<p>Analyze differing viewpoints on the scope and power of state and national governments (e.g. Federalists and anti-Federalists, education, immigration and healthcare).</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Connections Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>CONTENT AREA /</b>	<b>NC.8.C.</b>	Culture

<b>STRAND</b>		
<b>STRAND / ESSENTIAL STANDARD</b>	<b>8.C.1.</b>	Understand how different cultures influenced North Carolina and the United States.
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>8.C.1.3.</b>	Summarize the contributions of particular groups to the development of North Carolina and the United States (e.g. women, religious groups, and ethnic minorities such as American Indians, African Americans, and European immigrants).  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Key Ideas and Details
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.RH.3.</b>	Identify key steps in a text's description of a process related to history/social studies (e.g., how a bill becomes law, how interest rates are raised or lowered).  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Craft and Structure
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.RH.5.</b>	Describe how a text presents information (e.g., sequentially, comparatively, causally).  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Integration of Knowledge and Ideas
<b>ESSENTIAL STANDARD /</b>	<b>6-8.RH.7.</b>	Integrate visual information (e.g., in charts, graphs, photographs, videos, or maps) with other information in print and digital texts.



CLARIFYING OBJECTIVE		<p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection</p>
CONTENT AREA / STRAND	NC.CC.6-8.RH.	Reading Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Range of Reading and Level of Text Complexity
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	6-8.RH.10.	<p>By the end of grade 8, read and comprehend history/social studies texts in the grades 6-8 text complexity band independently and proficiently.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Connections</p>
CONTENT AREA / STRAND	NC.CC.6-8.WHST.	Writing Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Text Types and Purposes
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	6-8.WHST.1.	Write arguments focused on discipline-specific content.
CLARIFYING OBJECTIVE	6-8.WHST.1.c.	<p>Use words, phrases, and clauses to create cohesion and clarify the relationships among claim(s), counterclaims, reasons, and evidence.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CLARIFYING OBJECTIVE	6-8.WHST.1.d.	<p>Establish and maintain a formal style.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>

<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.1.e.</b>	<p>Provide a concluding statement or section that follows from and supports the argument presented.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.6-8.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.</b>	Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.b.</b>	<p>Develop the topic with relevant, well-chosen facts, definitions, concrete details, quotations, or other information and examples.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.c.</b>	<p>Use appropriate and varied transitions to create cohesion and clarify the relationships among ideas and concepts.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>6-8.WHST.2.d.</b>	<p>Use precise language and domain-specific vocabulary to inform about or explain the topic.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>

CLARIFYING OBJECTIVE	6-8.WHST.2.e.	<p>Establish and maintain a formal style and objective tone.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CLARIFYING OBJECTIVE	6-8.WHST.2.f.	<p>Provide a concluding statement or section that follows from and supports the information or explanation presented.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CONTENT AREA / STRAND	NC.CC.6-8.WHST.	Writing Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Text Types and Purposes
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	6-8.WHST.3.	(See note; not applicable as a separate requirement)
CLARIFYING OBJECTIVE	6-8.WHST.3.a.	<p>Note: Students' narrative skills continue to grow in these grades. The Standards require that students be able to incorporate narrative elements effectively into arguments and informative/explanatory texts. In history/social studies, students must be able to incorporate narrative accounts into their analyses of individuals or events of historical import.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CONTENT AREA / STRAND	NC.CC.6-8.WHST.	Writing Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Production and Distribution of Writing
ESSENTIAL STANDARD /	6-8.WHST.4.	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

CLARIFYING OBJECTIVE		<p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CONTENT AREA / STRAND	NC.CC.6-8.WHST.	Writing Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Research to Build and Present Knowledge
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	6-8.WHST.7.	<p>Conduct short research projects to answer a question (including a self-generated question), drawing on several sources and generating additional related, focused questions that allow for multiple avenues of exploration.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	6-8.WHST.8.	<p>Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	6-8.WHST.9.	<p>Draw evidence from informational texts to support analysis reflection, and research.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

North Carolina Common Core State and Essential Standards

Health and PE

Grade 9 - Adopted 2010

<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.</b>	Create positive stress management strategies.
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.1.</b>	<p>Identify the body's physical and psychological responses to stressful situations and positive coping mechanisms.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>  Unit 4: Stress - Lesson 07: Handling Pressure  Unit 4: Stress - Lesson 08: Analyzing Stress  Unit 5: Well-Being - Lesson 09: Finding Balance  Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.2.</b>	<p>Plan effective methods to deal with anxiety.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>  Unit 4: Stress - Lesson 07: Handling Pressure  Unit 5: Well-Being - Lesson 09: Finding Balance  Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>

<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MEH.2.</b>	Create help-seeking strategies for depression and mental disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.2.1.</b>	Identify causes and symptoms of depression and mental disorders.  <b>My Success Roadmap</b> Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.2.2.</b>	Design useful help-seeking strategies for depression and mental disorders.  <b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PCH.</b>	Personal and Consumer Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PCH.1.</b>	Analyze wellness, disease prevention, and recognition of symptoms.
<b>CLARIFYING OBJECTIVE</b>	<b>9.PCH.1.5.</b>	Select measures to get adequate rest and sleep.  <b>Multimedia Extensions</b> Multimedia Extensions: Well-Being  <b>My Success Roadmap</b> Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL</b>	<b>9.PCH.</b>	Personal and Consumer Health

<b>STANDARD</b>		
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PCH.2.</b>	Evaluate health information and products.
<b>CLARIFYING OBJECTIVE</b>	<b>9.PCH.2.2.</b>	Monitor the effects of media and popular culture on normative beliefs that contradict scientific research on health.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation  <b>My Roadmap to the Future</b> Unit 5: Well-Being - Lesson 10: Analyzing Well-Being Unit 6: Motivation - Lesson 12: Analyzing Motivation  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.NPA.3.</b>	Analyze the relationship of nutrition, fitness, and healthy weight management to the prevention of diseases such as diabetes, obesity, cardiovascular diseases, and eating disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>9.NPA.3.1.</b>	Differentiate between healthy and unhealthy plans for weight gain, maintenance and loss.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.NPA.4.</b>	Apply lifelong nutrition and health-related fitness concepts to enhance quality of life.
<b>CLARIFYING OBJECTIVE</b>	<b>9.NPA.4.3.</b>	Implement a personal plan to improve current habits to achieve balanced nutrition and fitness.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b>

		Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.ATOD.</b>	Alcohol, Tobacco, and Other Drugs
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.ATOD.1.</b>	Understand the health risks associated with alcohol, tobacco, and other drug use.
<b>CLARIFYING OBJECTIVE</b>	<b>9.ATOD.1.5.</b>	Predict the effects of substance abuse on other people as well as society as a whole.  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MC.</b>	(MC) Movement Concepts
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MC.2.</b>	Understand concepts, principles, strategies and tactics that apply to the learning and performance of movement.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.9.MC.2.1.</b>	Create plans for establishing and maintaining lifelong health enhancing behaviors based on concepts of health, fitness, and nutrition.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MC.</b>	(MC) Movement Concepts
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>H.MC.2.</b>	Understand concepts, principles, strategies and tactics that apply to the learning and performance of movement.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.H.MC.2.2.</b>	Design a strategy for setting specific targets to improve performance.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>CONTENT AREA /</b>	<b>NC.PE.</b>	Healthful Living - Physical Education



<b>STRAND</b>		
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.HF.</b>	(HF) Health-Related Fitness
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>H.HF.3.</b>	Understand the importance of achieving and maintaining a health-enhancing level of physical fitness.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.H.HF.3.1.</b>	Evaluate the necessity for current safety techniques, best practices and appropriate national fitness and nutrition guidelines are important for maintaining physical fitness.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PR.</b>	(PR) Personal /Social Responsibility
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PR.4.</b>	Use behavioral strategies that are responsible and enhance respect of self and others and value activity.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.9.PR.4.2.</b>	Select the most appropriate ways of responding and mediate to settle conflicts.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence

North Carolina Common Core State and Essential Standards

Health and PE

Grade 10 - Adopted 2010

<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.</b>	Create positive stress management strategies.
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.1.</b>	Identify the body's physical and psychological responses to stressful situations and positive coping mechanisms.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress Multimedia Extensions: Well-Being

		<p><b>My Roadmap to the Future</b>  Unit 4: Stress - Lesson 07: Handling Pressure  Unit 4: Stress - Lesson 08: Analyzing Stress  Unit 5: Well-Being - Lesson 09: Finding Balance  Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CLARIFYING OBJECTIVE	9.MEH.1.2.	<p>Plan effective methods to deal with anxiety.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>  Unit 4: Stress - Lesson 07: Handling Pressure  Unit 5: Well-Being - Lesson 09: Finding Balance  Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CONTENT AREA / STRAND	NC.HE.	Healthful Living - Health Education
STRAND / ESSENTIAL STANDARD	9.MEH.	Mental and Emotional Health
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9.MEH.2.	Create help-seeking strategies for depression and mental disorders.
CLARIFYING OBJECTIVE	9.MEH.2.1.	<p>Identify causes and symptoms of depression and mental disorders.</p> <p><b>My Success Roadmap</b>  Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being</p>
CLARIFYING OBJECTIVE	9.MEH.2.2.	Design useful help-seeking strategies for depression and mental disorders.

		<p><b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections</p> <p><b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PCH.</b>	Personal and Consumer Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PCH.1.</b>	Analyze wellness, disease prevention, and recognition of symptoms.
<b>CLARIFYING OBJECTIVE</b>	<b>9.PCH.1.5.</b>	<p>Select measures to get adequate rest and sleep.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Well-Being</p> <p><b>My Success Roadmap</b> Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PCH.</b>	Personal and Consumer Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PCH.2.</b>	Evaluate health information and products.
<b>CLARIFYING OBJECTIVE</b>	<b>9.PCH.2.2.</b>	<p>Monitor the effects of media and popular culture on normative beliefs that contradict scientific research on health.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p> <p><b>My Roadmap to the Future</b> Unit 5: Well-Being - Lesson 10: Analyzing Well-Being Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support</p>

		Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.NPA.3.</b>	Analyze the relationship of nutrition, fitness, and healthy weight management to the prevention of diseases such as diabetes, obesity, cardiovascular diseases, and eating disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>9.NPA.3.1.</b>	Differentiate between healthy and unhealthy plans for weight gain, maintenance and loss.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.NPA.4.</b>	Apply lifelong nutrition and health-related fitness concepts to enhance quality of life.
<b>CLARIFYING OBJECTIVE</b>	<b>9.NPA.4.3.</b>	Implement a personal plan to improve current habits to achieve balanced nutrition and fitness.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.ATOD.</b>	Alcohol, Tobacco, and Other Drugs
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.ATOD.1.</b>	Understand the health risks associated with alcohol, tobacco, and other drug use.
<b>CLARIFYING OBJECTIVE</b>	<b>9.ATOD.1.5.</b>	Predict the effects of substance abuse on other people as well as society as a whole.  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support

<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MC.</b>	(MC) Movement Concepts
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MC.2.</b>	Understand concepts, principles, strategies and tactics that apply to the learning and performance of movement.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.9.MC.2.1.</b>	<p>Create plans for establishing and maintaining lifelong health enhancing behaviors based on concepts of health, fitness, and nutrition.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Confidence  Multimedia Extensions: Motivation</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MC.</b>	(MC) Movement Concepts
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>H.MC.2.</b>	Understand concepts, principles, strategies and tactics that apply to the learning and performance of movement.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.H.MC.2.2.</b>	<p>Design a strategy for setting specific targets to improve performance.</p> <p><b>My Success Roadmap</b>  Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.HF.</b>	(HF) Health-Related Fitness
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>H.HF.3.</b>	Understand the importance of achieving and maintaining a health-enhancing level of physical fitness.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.H.HF.3.1.</b>	<p>Evaluate the necessity for current safety techniques, best practices and appropriate national fitness and nutrition guidelines are important for maintaining physical fitness.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education

<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PR.</b>	(PR) Personal /Social Responsibility
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PR.4.</b>	Use behavioral strategies that are responsible and enhance respect of self and others and value activity.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.9.PR.4.2.</b>	Select the most appropriate ways of responding and mediate to settle conflicts.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence

**North Carolina Common Core State and Essential Standards**

**Health and PE**

**Grade 11 - Adopted 2010**

<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.</b>	Create positive stress management strategies.
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.1.</b>	Identify the body's physical and psychological responses to stressful situations and positive coping mechanisms.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress Multimedia Extensions: Well-Being  <b>My Roadmap to the Future</b> Unit 4: Stress - Lesson 07: Handling Pressure Unit 4: Stress - Lesson 08: Analyzing Stress Unit 5: Well-Being - Lesson 09: Finding Balance Unit 5: Well-Being - Lesson 10: Analyzing Well-Being Unit 6: Motivation - Lesson 12: Analyzing Motivation  <b>My Success Roadmap</b> Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.2.</b>	Plan effective methods to deal with anxiety.

		<p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>  Unit 4: Stress - Lesson 07: Handling Pressure  Unit 5: Well-Being - Lesson 09: Finding Balance  Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress  Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being  Unit 6: Highway to Motivation - Lesson 13: Motivation  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MEH.2.</b>	Create help-seeking strategies for depression and mental disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.2.1.</b>	Identify causes and symptoms of depression and mental disorders.  <b>My Success Roadmap</b> Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.2.2.</b>	Design useful help-seeking strategies for depression and mental disorders.  <b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education

<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PCH.</b>	Personal and Consumer Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PCH.1.</b>	Analyze wellness, disease prevention, and recognition of symptoms.
<b>CLARIFYING OBJECTIVE</b>	<b>9.PCH.1.5.</b>	Select measures to get adequate rest and sleep.  <b>Multimedia Extensions</b> Multimedia Extensions: Well-Being  <b>My Success Roadmap</b> Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PCH.</b>	Personal and Consumer Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PCH.2.</b>	Evaluate health information and products.
<b>CLARIFYING OBJECTIVE</b>	<b>9.PCH.2.2.</b>	Monitor the effects of media and popular culture on normative beliefs that contradict scientific research on health.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation  <b>My Roadmap to the Future</b> Unit 5: Well-Being - Lesson 10: Analyzing Well-Being Unit 6: Motivation - Lesson 12: Analyzing Motivation  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.NPA.3.</b>	Analyze the relationship of nutrition, fitness, and healthy weight management to the prevention of diseases such as diabetes, obesity, cardiovascular diseases, and eating disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>9.NPA.3.1.</b>	Differentiate between healthy and unhealthy plans for weight gain, maintenance and loss.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School



		Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.NPA.4.</b>	Apply lifelong nutrition and health-related fitness concepts to enhance quality of life.
<b>CLARIFYING OBJECTIVE</b>	<b>9.NPA.4.3.</b>	Implement a personal plan to improve current habits to achieve balanced nutrition and fitness.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress  <b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.ATOD.</b>	Alcohol, Tobacco, and Other Drugs
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.ATOD.1.</b>	Understand the health risks associated with alcohol, tobacco, and other drug use.
<b>CLARIFYING OBJECTIVE</b>	<b>9.ATOD.1.5.</b>	Predict the effects of substance abuse on other people as well as society as a whole.  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MC.</b>	(MC) Movement Concepts
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MC.2.</b>	Understand concepts, principles, strategies and tactics that apply to the learning and performance of movement.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.9.MC.2.1.</b>	Create plans for establishing and maintaining lifelong health enhancing behaviors based on concepts of health, fitness, and nutrition.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation

<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MC.</b>	(MC) Movement Concepts
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>H.MC.2.</b>	Understand concepts, principles, strategies and tactics that apply to the learning and performance of movement.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.H.MC.2.2.</b>	Design a strategy for setting specific targets to improve performance.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.HF.</b>	(HF) Health-Related Fitness
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>H.HF.3.</b>	Understand the importance of achieving and maintaining a health-enhancing level of physical fitness.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.H.HF.3.1.</b>	Evaluate the necessity for current safety techniques, best practices and appropriate national fitness and nutrition guidelines are important for maintaining physical fitness.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PR.</b>	(PR) Personal /Social Responsibility
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PR.4.</b>	Use behavioral strategies that are responsible and enhance respect of self and others and value activity.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.9.PR.4.2.</b>	Select the most appropriate ways of responding and mediate to settle conflicts.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence

North Carolina Common Core State and Essential Standards

Health and PE

Grade 12 - Adopted 2010

<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.</b>	Create positive stress management strategies.
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.1.</b>	<p>Identify the body's physical and psychological responses to stressful situations and positive coping mechanisms.</p> <p><b>Multimedia Extensions</b>            Multimedia Extensions: Stress            Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>            Unit 4: Stress - Lesson 07: Handling Pressure            Unit 4: Stress - Lesson 08: Analyzing Stress            Unit 5: Well-Being - Lesson 09: Finding Balance            Unit 5: Well-Being - Lesson 10: Analyzing Well-Being            Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>            Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress            Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress            Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being            Unit 6: Highway to Motivation - Lesson 13: Motivation            Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.1.2.</b>	<p>Plan effective methods to deal with anxiety.</p> <p><b>Multimedia Extensions</b>            Multimedia Extensions: Stress            Multimedia Extensions: Well-Being</p> <p><b>My Roadmap to the Future</b>            Unit 4: Stress - Lesson 07: Handling Pressure            Unit 5: Well-Being - Lesson 09: Finding Balance            Unit 5: Well-Being - Lesson 10: Analyzing Well-Being            Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>            Unit 4: Highway Roadblocks-Managing Stress - Lesson 09: Stress            Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress            Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being            Unit 6: Highway to Motivation - Lesson 13: Motivation            Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action</p>

		Planning
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MEH.</b>	Mental and Emotional Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MEH.2.</b>	Create help-seeking strategies for depression and mental disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.2.1.</b>	Identify causes and symptoms of depression and mental disorders.  <b>My Success Roadmap</b> Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being
<b>CLARIFYING OBJECTIVE</b>	<b>9.MEH.2.2.</b>	Design useful help-seeking strategies for depression and mental disorders.  <b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection Unit 4: Highway Roadblocks-Managing Stress - Lesson 10: Analyzing Stress Unit 5: Highway to Well-Being - Lesson 11: Health & Well-Being Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being Unit 6: Highway to Motivation - Lesson 13: Motivation
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PCH.</b>	Personal and Consumer Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PCH.1.</b>	Analyze wellness, disease prevention, and recognition of symptoms.
<b>CLARIFYING OBJECTIVE</b>	<b>9.PCH.1.5.</b>	Select measures to get adequate rest and sleep.  <b>Multimedia Extensions</b> Multimedia Extensions: Well-Being  <b>My Success Roadmap</b> Unit 5: Highway to Well-Being - Lesson 12: Analyzing Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education

<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PCH.</b>	Personal and Consumer Health
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PCH.2.</b>	Evaluate health information and products.
<b>CLARIFYING OBJECTIVE</b>	<b>9.PCH.2.2.</b>	<p>Monitor the effects of media and popular culture on normative beliefs that contradict scientific research on health.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Confidence  Multimedia Extensions: Motivation</p> <p><b>My Roadmap to the Future</b>  Unit 5: Well-Being - Lesson 10: Analyzing Well-Being  Unit 6: Motivation - Lesson 12: Analyzing Motivation</p> <p><b>My Success Roadmap</b>  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 5: Highway to Well-Being - Lesson 11: Health &amp; Well-Being</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.NPA.3.</b>	Analyze the relationship of nutrition, fitness, and healthy weight management to the prevention of diseases such as diabetes, obesity, cardiovascular diseases, and eating disorders.
<b>CLARIFYING OBJECTIVE</b>	<b>9.NPA.3.1.</b>	<p>Differentiate between healthy and unhealthy plans for weight gain, maintenance and loss.</p> <p><b>My Success Roadmap</b>  Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.NPA.</b>	Nutrition and Physical Activity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.NPA.4.</b>	Apply lifelong nutrition and health-related fitness concepts to enhance quality of life.
<b>CLARIFYING OBJECTIVE</b>	<b>9.NPA.4.3.</b>	<p>Implement a personal plan to improve current habits to achieve balanced nutrition and fitness.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress</p>

		<p><b>My Success Roadmap</b> Unit 6: Highway to Motivation - Lesson 13: Motivation</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.HE.</b>	Healthful Living - Health Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.ATOD.</b>	Alcohol, Tobacco, and Other Drugs
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.ATOD.1.</b>	Understand the health risks associated with alcohol, tobacco, and other drug use.
<b>CLARIFYING OBJECTIVE</b>	<b>9.ATOD.1.5.</b>	<p>Predict the effects of substance abuse on other people as well as society as a whole.</p> <p><b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MC.</b>	(MC) Movement Concepts
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.MC.2.</b>	Understand concepts, principles, strategies and tactics that apply to the learning and performance of movement.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.9.MC.2.1.</b>	<p>Create plans for establishing and maintaining lifelong health enhancing behaviors based on concepts of health, fitness, and nutrition.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Motivation</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.MC.</b>	(MC) Movement Concepts
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>H.MC.2.</b>	Understand concepts, principles, strategies and tactics that apply to the learning and performance of movement.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.H.MC.2.2.</b>	<p>Design a strategy for setting specific targets to improve performance.</p> <p><b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence</p>

<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.HF.</b>	(HF) Health-Related Fitness
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>H.HF.3.</b>	Understand the importance of achieving and maintaining a health-enhancing level of physical fitness.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.H.HF.3.1.</b>	Evaluate the necessity for current safety techniques, best practices and appropriate national fitness and nutrition guidelines are important for maintaining physical fitness.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress
<b>CONTENT AREA / STRAND</b>	<b>NC.PE.</b>	Healthful Living - Physical Education
<b>STRAND / ESSENTIAL STANDARD</b>	<b>9.PR.</b>	(PR) Personal /Social Responsibility
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9.PR.4.</b>	Use behavioral strategies that are responsible and enhance respect of self and others and value activity.
<b>CLARIFYING OBJECTIVE</b>	<b>PE.9.PR.4.2.</b>	Select the most appropriate ways of responding and mediate to settle conflicts.  <b>My Success Roadmap</b> Unit 2: Highway to Confidence - Lesson 06: Analyzing School Confidence

**North Carolina Common Core State and Essential Standards**

**Social Studies**

**Grade 9 - Adopted 2010**

<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.

<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.2.</b>	Use Historical Comprehension to:
<b>INDICATOR</b>	<b>WH.1.2.1.</b>	Reconstruct the literal meaning of a historical passage  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.3.</b>	Use Historical Analysis and Interpretation to:
<b>INDICATOR</b>	<b>WH.1.3.3.</b>	Analyze cause-and-effect relationships and multiple causation.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting  <b>My Roadmap to the Future</b> Unit 2: Confidence - Lesson 03: Facing Challenges  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 01: Your Future Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 2: Highway to Confidence - Lesson 05: Confidence Unit 3: Highway Connections - Lesson 07: Social Support
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.



CLARIFYING OBJECTIVE	WH.1.4.	Use Historical Research to:
INDICATOR	WH.1.4.2.	Obtain historical data from a variety of sources  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
INDICATOR	WH.1.4.3.	Support interpretations with historical evidence  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
CONTENT AREA / STRAND	NC.9-12.USH1.	UNITED STATES HISTORY I
STRAND / ESSENTIAL STANDARD		History
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	USH1.H.1.	Apply the four interconnected dimensions of historical thinking to the United States History Essential Standards in order to understand the creation and development of the United States over time.
CLARIFYING OBJECTIVE	USH1.H.1.2.	Use Historical Comprehension to:
INDICATOR	USH1.H.1.2.4.	Analyze visual, literary and musical sources  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
CONTENT AREA / STRAND	NC.9-12.USH2.	UNITED STATES HISTORY II
STRAND / ESSENTIAL STANDARD		History
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	USH2.H.1.	Apply the four interconnected dimensions of historical thinking to the United States History Essential Standards in order to understand the creation and development of the United States over time.
CLARIFYING OBJECTIVE	USH2.H.1.2.	Use Historical Comprehension to:
INDICATOR	USH2.H.1.2.4.	Analyze visual, literary and musical sources

		<p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.CE.</b>	<b>CIVICS AND ECONOMICS</b>
<b>STRAND / ESSENTIAL STANDARD</b>		Civics and Government
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.3.</b>	Analyze the legal system within the United States in terms of the development, execution and protection of citizenship rights at all levels of government.
<b>CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.3.6.</b>	<p>Explain ways laws have been influenced by political parties, constituents, interest groups, lobbyists, the media and public opinion (e.g., extension of suffrage, labor legislation, civil rights legislation, military policy, environmental legislation, business regulation and educational policy).</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Connections Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.CE.</b>	<b>CIVICS AND ECONOMICS</b>
<b>STRAND / ESSENTIAL STANDARD</b>		Civics and Government
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.5.</b>	Analyze how political and legal systems within and outside of the United States provide a means to balance competing interests and resolve conflicts.
<b>CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.5.5.</b>	<p>Analyze the develops and implementation of domestic and foreign policy by outlining opposing arguments on major issues and their efforts toward resolutions (e.g., health care, education, immigration, regulation of business and industry, foreign aid, intervention abroad, etc.).</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Connections Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

<b>CONTENT AREA / STRAND</b>	<b>NC.12.P.</b>	Social Studies Elective - Psychology
<b>STRAND / ESSENTIAL STANDARD</b>		Differences
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.D.1.</b>	Understand human differences and strategies for coping when those differences create dysfunction.
<b>CLARIFYING OBJECTIVE</b>	<b>12.D.1.5.</b>	Use appropriate and effective strategies of coping with stress and developing resilience.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress Multimedia Extensions: Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.12.S.</b>	Social Studies Elective - Sociology
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.2.</b>	Understand how socialization regulates individual behavior.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.2.3.</b>	Explain the impact of social organizations (such as families), social structures (such as marriage), and social institutions (such as schools) on individuals and groups within society.  <b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.2.4.</b>	Compare the formal and informal social organizations, structures, and institutions of the United States with global societies.  <b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support &

		Connection
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.1.</b>	Understand how American culture defines what it means to be an American.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.1.1.</b>	Analyze expressions of identity within American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.2.</b>	Understand the role of conformity and individualism in American culture.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.2.3.</b>	Evaluate the extent to which individualism and the belief in the human capacity to solve problems has influenced American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.4.</b>	Understand how American culture has sought to balance individual rights with the common good.

CLARIFYING OBJECTIVE	12.C.4.1.	Deconstruct the concepts of freedom, equality, and justice in American literature, philosophy and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
CLARIFYING OBJECTIVE	12.C.4.2.	Explain how discrepancies in freedom, equality and justice influenced American literature, philosophy and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
CONTENT AREA / STRAND	NC.12.AH.	Social Studies Elective - American Humanities
STRAND / ESSENTIAL STANDARD		Culture
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	12.C.5.	Understand how conflict and consensus influences American culture.
CLARIFYING OBJECTIVE	12.C.5.1.	Analyze the relationship between conflict and consensus in American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
CLARIFYING OBJECTIVE	12.C.5.6.	Evaluate the extent to which conflict and consensus have shaped American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
CONTENT AREA / STRAND	NC.12.AH.	Social Studies Elective - American Humanities
STRAND / ESSENTIAL STANDARD		Culture
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	12.C.8.	Understand the relationship between innovation and American culture.
CLARIFYING OBJECTIVE	12.C.8.3.	Analyze the development of popular culture in terms of psychology, advertising, and consumerism.

		<p><b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting</p>
CLARIFYING OBJECTIVE	12.C.8.4.	<p>Evaluate mediums of popular culture, such as music, television, photographs, and movies, in terms of historical context and accuracy.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting</p>
CONTENT AREA / STRAND	NC.CC.9-10.RH.	Reading Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Key Ideas and Details
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9-10.RH.3.	<p>Analyze in detail a series of events described in a text; determine whether earlier events caused later ones or simply preceded them.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Roadmap to the Future</b> Unit 2: Confidence - Lesson 03: Facing Challenges</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 01: Your Future Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 2: Highway to Confidence - Lesson 05: Confidence Unit 3: Highway Connections - Lesson 07: Social Support</p>
CONTENT AREA / STRAND	NC.CC.9-10.RH.	Reading Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Craft and Structure
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9-10.RH.5.	<p>Analyze how a text uses structure to emphasize key points or advance an explanation or analysis</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Connections</p>
CONTENT AREA / STRAND	NC.CC.9-10.RH.	Reading Standards for Literacy in History/Social Studies

STRAND / ESSENTIAL STANDARD		Integration of Knowledge and Ideas
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9-10.RH.7.	<p>Integrate quantitative or technical analysis (e.g., charts, research data) with qualitative analysis in print or digital text.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection</p>
CONTENT AREA / STRAND	NC.CC.9-10.RH.	Reading Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Range of Reading and Level of Text Complexity
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9-10.RH.10.	<p>By the end of grade 10, read and comprehend history/social studies texts in the grades 9-10 text complexity band independently and proficiently.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Connections</p>
CONTENT AREA / STRAND	NC.CC.9-10.WHST.	Writing Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Text Types and Purposes
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9-10.WHST.1.	Write arguments focused on discipline-specific content.
CLARIFYING OBJECTIVE	9-10.WHST.1.c.	<p>Use words, phrases, and clauses to link the major sections of the text, create cohesion, and clarify the relationships between claim(s) and reasons, between reasons and evidence, and between claim(s) and counterclaims.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CLARIFYING	9-	Establish and maintain a formal style and objective tone while attending

<b>OBJECTIVE</b>	<b>10.WHST.1.d.</b>	<p>to the norms and conventions of the discipline in which they are writing.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.1.e.</b>	<p>Provide a concluding statement or section that follows from or supports the argument presented.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.2.</b>	Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.2.a.</b>	<p>Introduce a topic and organize ideas, concepts, and information to make important connections and distinctions; include formatting (e.g., headings), graphics (e.g., figures, tables), and multimedia when useful to aiding comprehension.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.2.b.</b>	<p>Develop the topic with well-chosen, relevant, and sufficient facts, extended definitions, concrete details, quotations, or other information and examples appropriate to the audience's knowledge of the topic.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>



		Planning
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.2.c.</b>	<p>Use varied transitions and sentence structures to link the major sections of the text, create cohesion, and clarify the relationships among ideas and concepts.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.2.d.</b>	<p>Use precise language and domain-specific vocabulary to manage the complexity of the topic and convey a style appropriate to the discipline and context as well as to the expertise of likely readers.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.2.e.</b>	<p>Establish and maintain a formal style and objective tone while attending to the norms and conventions of the discipline in which they are writing.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.2.f.</b>	<p>Provide a concluding statement or section that follows from and supports the information or explanation presented (e.g., articulating implications or the significance of the topic).</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes

<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.3.</b>	(See note; not applicable as a separate requirement)
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.3.a.</b>	<p>Note: Students' narrative skills continue to grow in these grades. The Standards require that students be able to incorporate narrative elements effectively into arguments and informative/explanatory texts. In history/social studies, students must be able to incorporate narrative accounts into their analyses of individuals or events of historical import.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Production and Distribution of Writing
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.4.</b>	<p>Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.5.</b>	<p>Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach, focusing on addressing what is most significant for a specific purpose and audience.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Research to Build and Present Knowledge

<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.7.</b>	<p>Conduct short as well as more sustained research projects to answer a question (including a self-generated question) or solve a problem; narrow or broaden the inquiry when appropriate; synthesize multiple sources on the subject, demonstrating understanding of the subject under investigation.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.8.</b>	<p>Gather relevant information from multiple authoritative print and digital sources, using advanced searches effectively; assess the usefulness of each source in answering the research question; integrate information into the text selectively to maintain the flow of ideas, avoiding plagiarism and following a standard format for citation.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.9.</b>	<p>Draw evidence from informational texts to support analysis, reflection, and research.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

**North Carolina Common Core State and Essential Standards**

**Social Studies**

**Grade 10 - Adopted 2010**

<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.2.</b>	Use Historical Comprehension to:
<b>INDICATOR</b>	<b>WH.1.2.1.</b>	<p>Reconstruct the literal meaning of a historical passage</p> <p><b>Multimedia Extensions</b></p>

		Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.3.</b>	Use Historical Analysis and Interpretation to:
<b>INDICATOR</b>	<b>WH.1.3.3.</b>	Analyze cause-and-effect relationships and multiple causation.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting  <b>My Roadmap to the Future</b> Unit 2: Confidence - Lesson 03: Facing Challenges  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 01: Your Future Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 2: Highway to Confidence - Lesson 05: Confidence Unit 3: Highway Connections - Lesson 07: Social Support
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.4.</b>	Use Historical Research to:
<b>INDICATOR</b>	<b>WH.1.4.2.</b>	Obtain historical data from a variety of sources  <b>My Success Roadmap</b>

		Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
INDICATOR	WH.1.4.3.	Support interpretations with historical evidence  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
CONTENT AREA / STRAND	NC.9-12.USH1.	UNITED STATES HISTORY I
STRAND / ESSENTIAL STANDARD		History
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	USH1.H.1.	Apply the four interconnected dimensions of historical thinking to the United States History Essential Standards in order to understand the creation and development of the United States over time.
CLARIFYING OBJECTIVE	USH1.H.1.2.	Use Historical Comprehension to:
INDICATOR	USH1.H.1.2.4.	Analyze visual, literary and musical sources  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
CONTENT AREA / STRAND	NC.9-12.USH2.	UNITED STATES HISTORY II
STRAND / ESSENTIAL STANDARD		History
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	USH2.H.1.	Apply the four interconnected dimensions of historical thinking to the United States History Essential Standards in order to understand the creation and development of the United States over time.
CLARIFYING OBJECTIVE	USH2.H.1.2.	Use Historical Comprehension to:
INDICATOR	USH2.H.1.2.4.	Analyze visual, literary and musical sources  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
CONTENT AREA / STRAND	NC.9-12.CE.	CIVICS AND ECONOMICS

<b>STRAND / ESSENTIAL STANDARD</b>		Civics and Government
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.3.</b>	Analyze the legal system within the United States in terms of the development, execution and protection of citizenship rights at all levels of government.
<b>CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.3.6.</b>	<p>Explain ways laws have been influenced by political parties, constituents, interest groups, lobbyists, the media and public opinion (e.g., extension of suffrage, labor legislation, civil rights legislation, military policy, environmental legislation, business regulation and educational policy).</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Connections  Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.CE.</b>	<b>CIVICS AND ECONOMICS</b>
<b>STRAND / ESSENTIAL STANDARD</b>		Civics and Government
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.5.</b>	Analyze how political and legal systems within and outside of the United States provide a means to balance competing interests and resolve conflicts.
<b>CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.5.5.</b>	<p>Analyze the develops and implementation of domestic and foreign policy by outlining opposing arguments on major issues and their efforts toward resolutions (e.g., health care, education, immigration, regulation of business and industry, foreign aid, intervention abroad, etc.).</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Connections  Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.12.P.</b>	Social Studies Elective - Psychology
<b>STRAND / ESSENTIAL</b>		Differences

<b>STANDARD</b>		
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.D.1.</b>	Understand human differences and strategies for coping when those differences create dysfunction.
<b>CLARIFYING OBJECTIVE</b>	<b>12.D.1.5.</b>	Use appropriate and effective strategies of coping with stress and developing resilience.  <b>Multimedia Extensions</b> Multimedia Extensions: Stress Multimedia Extensions: Well-Being
<b>CONTENT AREA / STRAND</b>	<b>NC.12.S.</b>	Social Studies Elective - Sociology
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.2.</b>	Understand how socialization regulates individual behavior.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.2.3.</b>	Explain the impact of social organizations (such as families), social structures (such as marriage), and social institutions (such as schools) on individuals and groups within society.  <b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.2.4.</b>	Compare the formal and informal social organizations, structures, and institutions of the United States with global societies.  <b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections  <b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities

<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.1.</b>	Understand how American culture defines what it means to be an American.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.1.1.</b>	Analyze expressions of identity within American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.2.</b>	Understand the role of conformity and individualism in American culture.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.2.3.</b>	Evaluate the extent to which individualism and the belief in the human capacity to solve problems has influenced American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.4.</b>	Understand how American culture has sought to balance individual rights with the common good.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.4.1.</b>	Deconstruct the concepts of freedom, equality, and justice in American literature, philosophy and the arts.  <b>Multimedia Extensions</b>



		Multimedia Extensions: Confidence
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.4.2.</b>	Explain how discrepancies in freedom, equality and justice influenced American literature, philosophy and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.5.</b>	Understand how conflict and consensus influences American culture.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.5.1.</b>	Analyze the relationship between conflict and consensus in American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.5.6.</b>	Evaluate the extent to which conflict and consensus have shaped American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.8.</b>	Understand the relationship between innovation and American culture.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.8.3.</b>	Analyze the development of popular culture in terms of psychology, advertising, and consumerism.  <b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting

<b>CLARIFYING OBJECTIVE</b>	<b>12.C.8.4.</b>	Evaluate mediums of popular culture, such as music, television, photographs, and movies, in terms of historical context and accuracy.  <b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Key Ideas and Details
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.RH.3.</b>	Analyze in detail a series of events described in a text; determine whether earlier events caused later ones or simply preceded them.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting  <b>My Roadmap to the Future</b> Unit 2: Confidence - Lesson 03: Facing Challenges  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 01: Your Future Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 2: Highway to Confidence - Lesson 05: Confidence Unit 3: Highway Connections - Lesson 07: Social Support
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Craft and Structure
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.RH.5.</b>	Analyze how a text uses structure to emphasize key points or advance an explanation or analysis  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Integration of Knowledge and Ideas

<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.RH.7.</b>	<p>Integrate quantitative or technical analysis (e.g., charts, research data) with qualitative analysis in print or digital text.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School  Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Range of Reading and Level of Text Complexity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.RH.10.</b>	<p>By the end of grade 10, read and comprehend history/social studies texts in the grades 9-10 text complexity band independently and proficiently.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Connections</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.1.</b>	Write arguments focused on discipline-specific content.
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.1.c.</b>	<p>Use words, phrases, and clauses to link the major sections of the text, create cohesion, and clarify the relationships between claim(s) and reasons, between reasons and evidence, and between claim(s) and counterclaims.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.1.d.</b>	Establish and maintain a formal style and objective tone while attending to the norms and conventions of the discipline in which they are writing.

		<p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CLARIFYING OBJECTIVE	9-10.WHST.1.e.	<p>Provide a concluding statement or section that follows from or supports the argument presented.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CONTENT AREA / STRAND	NC.CC.9-10.WHST.	Writing Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Text Types and Purposes
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9-10.WHST.2.	Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.
CLARIFYING OBJECTIVE	9-10.WHST.2.a.	<p>Introduce a topic and organize ideas, concepts, and information to make important connections and distinctions; include formatting (e.g., headings), graphics (e.g., figures, tables), and multimedia when useful to aiding comprehension.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
CLARIFYING OBJECTIVE	9-10.WHST.2.b.	<p>Develop the topic with well-chosen, relevant, and sufficient facts, extended definitions, concrete details, quotations, or other information and examples appropriate to the audience's knowledge of the topic.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>

<p><b>CLARIFYING OBJECTIVE</b></p>	<p><b>9-10.WHST.2.c.</b></p>	<p>Use varied transitions and sentence structures to link the major sections of the text, create cohesion, and clarify the relationships among ideas and concepts.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<p><b>CLARIFYING OBJECTIVE</b></p>	<p><b>9-10.WHST.2.d.</b></p>	<p>Use precise language and domain-specific vocabulary to manage the complexity of the topic and convey a style appropriate to the discipline and context as well as to the expertise of likely readers.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<p><b>CLARIFYING OBJECTIVE</b></p>	<p><b>9-10.WHST.2.e.</b></p>	<p>Establish and maintain a formal style and objective tone while attending to the norms and conventions of the discipline in which they are writing.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<p><b>CLARIFYING OBJECTIVE</b></p>	<p><b>9-10.WHST.2.f.</b></p>	<p>Provide a concluding statement or section that follows from and supports the information or explanation presented (e.g., articulating implications or the significance of the topic).</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<p><b>CONTENT AREA / STRAND</b></p>	<p><b>NC.CC.9-10.WHST.</b></p>	<p>Writing Standards for Literacy in History/Social Studies</p>
<p><b>STRAND / ESSENTIAL STANDARD</b></p>		<p>Text Types and Purposes</p>

<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.3.</b>	(See note; not applicable as a separate requirement)
<b>CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.3.a.</b>	Note: Students' narrative skills continue to grow in these grades. The Standards require that students be able to incorporate narrative elements effectively into arguments and informative/explanatory texts. In history/social studies, students must be able to incorporate narrative accounts into their analyses of individuals or events of historical import.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Production and Distribution of Writing
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.4.</b>	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>9-10.WHST.5.</b>	Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach, focusing on addressing what is most significant for a specific purpose and audience.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.9-10.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL</b>		Research to Build and Present Knowledge

STANDARD		
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9-10.WHST.7.	<p>Conduct short as well as more sustained research projects to answer a question (including a self-generated question) or solve a problem; narrow or broaden the inquiry when appropriate; synthesize multiple sources on the subject, demonstrating understanding of the subject under investigation.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9-10.WHST.8.	<p>Gather relevant information from multiple authoritative print and digital sources, using advanced searches effectively; assess the usefulness of each source in answering the research question; integrate information into the text selectively to maintain the flow of ideas, avoiding plagiarism and following a standard format for citation.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	9-10.WHST.9.	<p>Draw evidence from informational texts to support analysis, reflection, and research.</p> <p><b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

North Carolina Common Core State and Essential Standards

Social Studies

Grade 11 - Adopted 2010

CONTENT AREA / STRAND	NC.9-12.WH.	WORLD HISTORY
STRAND / ESSENTIAL STANDARD		History
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	WH.1.	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
CLARIFYING OBJECTIVE	WH.1.2.	Use Historical Comprehension to:

<b>INDICATOR</b>	<b>WH.1.2.1.</b>	Reconstruct the literal meaning of a historical passage  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.3.</b>	Use Historical Analysis and Interpretation to:
<b>INDICATOR</b>	<b>WH.1.3.3.</b>	Analyze cause-and-effect relationships and multiple causation.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting  <b>My Roadmap to the Future</b> Unit 2: Confidence - Lesson 03: Facing Challenges  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 01: Your Future Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 2: Highway to Confidence - Lesson 05: Confidence Unit 3: Highway Connections - Lesson 07: Social Support
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.4.</b>	Use Historical Research to:



INDICATOR	WH.1.4.2.	Obtain historical data from a variety of sources  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
INDICATOR	WH.1.4.3.	Support interpretations with historical evidence  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
CONTENT AREA / STRAND	NC.9-12.US.H1.	UNITED STATES HISTORY I
STRAND / ESSENTIAL STANDARD		History
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	USH1.H.1.	Apply the four interconnected dimensions of historical thinking to the United States History Essential Standards in order to understand the creation and development of the United States over time.
CLARIFYING OBJECTIVE	USH1.H.1.2.	Use Historical Comprehension to:
INDICATOR	USH1.H.1.2.4.	Analyze visual, literary and musical sources  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
CONTENT AREA / STRAND	NC.9-12.US.H2.	UNITED STATES HISTORY II
STRAND / ESSENTIAL STANDARD		History
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	USH2.H.1.	Apply the four interconnected dimensions of historical thinking to the United States History Essential Standards in order to understand the creation and development of the United States over time.
CLARIFYING OBJECTIVE	USH2.H.1.2.	Use Historical Comprehension to:
INDICATOR	USH2.H.1.2.4.	Analyze visual, literary and musical sources  <b>Multimedia Extensions</b>

		Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.CE.</b>	<b>CIVICS AND ECONOMICS</b>
<b>STRAND / ESSENTIAL STANDARD</b>		Civics and Government
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.3.</b>	Analyze the legal system within the United States in terms of the development, execution and protection of citizenship rights at all levels of government.
<b>CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.3.6.</b>	<p>Explain ways laws have been influenced by political parties, constituents, interest groups, lobbyists, the media and public opinion (e.g., extension of suffrage, labor legislation, civil rights legislation, military policy, environmental legislation, business regulation and educational policy).</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Connections  Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.CE.</b>	<b>CIVICS AND ECONOMICS</b>
<b>STRAND / ESSENTIAL STANDARD</b>		Civics and Government
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.5.</b>	Analyze how political and legal systems within and outside of the United States provide a means to balance competing interests and resolve conflicts.
<b>CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.5.5.</b>	<p>Analyze the develops and implementation of domestic and foreign policy by outlining opposing arguments on major issues and their efforts toward resolutions (e.g., health care, education, immigration, regulation of business and industry, foreign aid, intervention abroad, etc.).</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Connections  Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>CONTENT AREA</b>	<b>NC.12.P.</b>	<b>Social Studies Elective - Psychology</b>

/ STRAND		
STRAND / ESSENTIAL STANDARD		Differences
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	12.D.1.	Understand human differences and strategies for coping when those differences create dysfunction.
CLARIFYING OBJECTIVE	12.D.1.5.	<p>Use appropriate and effective strategies of coping with stress and developing resilience.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p>
CONTENT AREA / STRAND	NC.12.S.	Social Studies Elective - Sociology
STRAND / ESSENTIAL STANDARD		Culture
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	12.C.2.	Understand how socialization regulates individual behavior.
CLARIFYING OBJECTIVE	12.C.2.3.	<p>Explain the impact of social organizations (such as families), social structures (such as marriage), and social institutions (such as schools) on individuals and groups within society.</p> <p><b>My Roadmap to the Future</b>  Unit 3: Connections - Lesson 05: Making Connections</p> <p><b>My Success Roadmap</b>  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection</p>
CLARIFYING OBJECTIVE	12.C.2.4.	<p>Compare the formal and informal social organizations, structures, and institutions of the United States with global societies.</p> <p><b>My Roadmap to the Future</b>  Unit 3: Connections - Lesson 05: Making Connections</p> <p><b>My Success Roadmap</b>  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection</p>

<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.1.</b>	Understand how American culture defines what it means to be an American.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.1.1.</b>	Analyze expressions of identity within American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.2.</b>	Understand the role of conformity and individualism in American culture.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.2.3.</b>	Evaluate the extent to which individualism and the belief in the human capacity to solve problems has influenced American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.4.</b>	Understand how American culture has sought to balance individual rights with the common good.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.4.1.</b>	Deconstruct the concepts of freedom, equality, and justice in American literature, philosophy and the arts.

		<p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p>
CLARIFYING OBJECTIVE	12.C.4.2.	<p>Explain how discrepancies in freedom, equality and justice influenced American literature, philosophy and the arts.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p>
CONTENT AREA / STRAND	NC.12.AH.	Social Studies Elective - American Humanities
STRAND / ESSENTIAL STANDARD		Culture
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	12.C.5.	Understand how conflict and consensus influences American culture.
CLARIFYING OBJECTIVE	12.C.5.1.	<p>Analyze the relationship between conflict and consensus in American literature, philosophy, and the arts.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p>
CLARIFYING OBJECTIVE	12.C.5.6.	<p>Evaluate the extent to which conflict and consensus have shaped American literature, philosophy, and the arts.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p>
CONTENT AREA / STRAND	NC.12.AH.	Social Studies Elective - American Humanities
STRAND / ESSENTIAL STANDARD		Culture
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	12.C.8.	Understand the relationship between innovation and American culture.
CLARIFYING OBJECTIVE	12.C.8.3.	<p>Analyze the development of popular culture in terms of psychology, advertising, and consumerism.</p> <p><b>Multimedia Extensions</b></p>

		Multimedia Extensions: Importance of School / Goal-Setting
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.8.4.</b>	Evaluate mediums of popular culture, such as music, television, photographs, and movies, in terms of historical context and accuracy.  <b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Key Ideas and Details
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.RH.3.</b>	Evaluate various explanations for actions or events and determine which explanation best accords with textual evidence, acknowledging where the text leaves matters uncertain.  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Integration of Knowledge and Ideas
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.RH.7.</b>	Integrate and evaluate multiple sources of information presented in diverse formats and media (e.g., visually, quantitatively, as well as in words) in order to address a question or solve a problem.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Range of Reading and Level of Text Complexity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.RH.10.</b>	By the end of grade 12, read and comprehend history/social studies texts in the grades 11-12 text complexity band independently and proficiently.  <b>Multimedia Extensions</b>

		Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.1.</b>	Write arguments focused on discipline-specific content.
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.1.c.</b>	Use words, phrases, and clauses as well as varied syntax to link the major sections of the text, create cohesion, and clarify the relationships between claim(s) and reasons, between reasons and evidence, and between claim(s) and counterclaims.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.1.d.</b>	Establish and maintain a formal style and objective tone while attending to the norms and conventions of the discipline in which they are writing.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.1.e.</b>	Provide a concluding statement or section that follows from or supports the argument presented.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes

<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.</b>	Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.a.</b>	<p>Introduce a topic and organize complex ideas, concepts, and information so that each new element builds on that which precedes it to create a unified whole; include formatting (e.g., headings), graphics (e.g., figures, tables), and multimedia when useful to aiding comprehension.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.b.</b>	<p>Develop the topic thoroughly by selecting the most significant and relevant facts, extended definitions, concrete details, quotations, or other information and examples appropriate to the audience's knowledge of the topic.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.c.</b>	<p>Use varied transitions and sentence structures to link the major sections of the text, create cohesion, and clarify the relationships among complex ideas and concepts.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.d.</b>	<p>Use precise language, domain-specific vocabulary and techniques such as metaphor, simile, and analogy to manage the complexity of the topic; convey a knowledgeable stance in a style that responds to the discipline and context as well as to the expertise of likely readers.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>



<b>CLARIFYING OBJECTIVE</b>	11-12.WHST.2.e.	<p>Provide a concluding statement or section that follows from and supports the information or explanation provided (e.g., articulating implications or the significance of the topic).</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	NC.CC.11-12.WHST.	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.3.	(See note; not applicable as a separate requirement)
<b>CLARIFYING OBJECTIVE</b>	11-12.WHST.3.a.	<p>Note: Students' narrative skills continue to grow in these grades. The Standards require that students be able to incorporate narrative elements effectively into arguments and informative/explanatory texts. In history/social studies, students must be able to incorporate narrative accounts into their analyses of individuals or events of historical import.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	NC.CC.11-12.WHST.	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Production and Distribution of Writing
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.4.	<p>Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>

<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.5.	<p>Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach, focusing on addressing what is most significant for a specific purpose and audience.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	NC.CC.11-12.WHST.	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Research to Build and Present Knowledge
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.7.	<p>Conduct short as well as more sustained research projects to answer a question (including a self-generated question) or solve a problem; narrow or broaden the inquiry when appropriate; synthesize multiple sources on the subject, demonstrating understanding of the subject under investigation.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.8.	<p>Gather relevant information from multiple authoritative print and digital sources, using advanced searches effectively; assess the strengths and limitations of each source in terms of the specific task, purpose, and audience; integrate information into the text selectively to maintain the flow of ideas, avoiding plagiarism and overreliance on any one source and following a standard format for citation.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.9.	<p>Draw evidence from informational texts to support analysis, reflection, and research.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

North Carolina Common Core State and Essential Standards

Social Studies

Grade 12 - Adopted 2010

<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.2.</b>	Use Historical Comprehension to:
<b>INDICATOR</b>	<b>WH.1.2.1.</b>	Reconstruct the literal meaning of a historical passage  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.3.</b>	Use Historical Analysis and Interpretation to:
<b>INDICATOR</b>	<b>WH.1.3.3.</b>	Analyze cause-and-effect relationships and multiple causation.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting  <b>My Roadmap to the Future</b> Unit 2: Confidence - Lesson 03: Facing Challenges  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 01: Your Future Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 2: Highway to Confidence - Lesson 05: Confidence Unit 3: Highway Connections - Lesson 07: Social Support

<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.WH.</b>	<b>WORLD HISTORY</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>WH.1.</b>	Apply the four interconnected dimensions of historical thinking to the Essential Standards for World History in order to understand the creation and development of societies/civilizations/nations over time.
<b>CLARIFYING OBJECTIVE</b>	<b>WH.1.4.</b>	Use Historical Research to:
<b>INDICATOR</b>	<b>WH.1.4.2.</b>	Obtain historical data from a variety of sources  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
<b>INDICATOR</b>	<b>WH.1.4.3.</b>	Support interpretations with historical evidence  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.USH1.</b>	<b>UNITED STATES HISTORY I</b>
<b>STRAND / ESSENTIAL STANDARD</b>		History
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>USH1.H.1.</b>	Apply the four interconnected dimensions of historical thinking to the United States History Essential Standards in order to understand the creation and development of the United States over time.
<b>CLARIFYING OBJECTIVE</b>	<b>USH1.H.1.2.</b>	Use Historical Comprehension to:
<b>INDICATOR</b>	<b>USH1.H.1.2.4.</b>	Analyze visual, literary and musical sources  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.USH2.</b>	<b>UNITED STATES HISTORY II</b>
<b>STRAND / ESSENTIAL</b>		History

<b>STANDARD</b>		
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>USH2.H.1.</b>	Apply the four interconnected dimensions of historical thinking to the United States History Essential Standards in order to understand the creation and development of the United States over time.
<b>CLARIFYING OBJECTIVE</b>	<b>USH2.H.1.2.</b>	Use Historical Comprehension to:
<b>INDICATOR</b>	<b>USH2.H.1.2.4.</b>	Analyze visual, literary and musical sources  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.CE.</b>	<b>CIVICS AND ECONOMICS</b>
<b>STRAND / ESSENTIAL STANDARD</b>		Civics and Government
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.3.</b>	Analyze the legal system within the United States in terms of the development, execution and protection of citizenship rights at all levels of government.
<b>CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.3.6.</b>	Explain ways laws have been influenced by political parties, constituents, interest groups, lobbyists, the media and public opinion (e.g., extension of suffrage, labor legislation, civil rights legislation, military policy, environmental legislation, business regulation and educational policy).  <b>Multimedia Extensions</b> Multimedia Extensions: Connections Multimedia Extensions: Importance of School / Goal-Setting  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School
<b>CONTENT AREA / STRAND</b>	<b>NC.9-12.CE.</b>	<b>CIVICS AND ECONOMICS</b>
<b>STRAND / ESSENTIAL STANDARD</b>		Civics and Government
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>CE.C&amp;G.5.</b>	Analyze how political and legal systems within and outside of the United States provide a means to balance competing interests and resolve conflicts.

CLARIFYING OBJECTIVE	CE.C&G.5.5.	<p>Analyze the develops and implementation of domestic and foreign policy by outlining opposing arguments on major issues and their efforts toward resolutions (e.g., health care, education, immigration, regulation of business and industry, foreign aid, intervention abroad, etc.).</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Connections  Multimedia Extensions: Importance of School / Goal-Setting</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
CONTENT AREA / STRAND	NC.12.P.	Social Studies Elective - Psychology
STRAND / ESSENTIAL STANDARD		Differences
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	12.D.1.	Understand human differences and strategies for coping when those differences create dysfunction.
CLARIFYING OBJECTIVE	12.D.1.5.	<p>Use appropriate and effective strategies of coping with stress and developing resilience.</p> <p><b>Multimedia Extensions</b>  Multimedia Extensions: Stress  Multimedia Extensions: Well-Being</p>
CONTENT AREA / STRAND	NC.12.S.	Social Studies Elective - Sociology
STRAND / ESSENTIAL STANDARD		Culture
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	12.C.2.	Understand how socialization regulates individual behavior.
CLARIFYING OBJECTIVE	12.C.2.3.	<p>Explain the impact of social organizations (such as families), social structures (such as marriage), and social institutions (such as schools) on individuals and groups within society.</p> <p><b>My Roadmap to the Future</b>  Unit 3: Connections - Lesson 05: Making Connections</p> <p><b>My Success Roadmap</b>  Unit 3: Highway Connections - Lesson 07: Social Support</p>

		Unit 3: Highway Connections - Lesson 08: Analyzing Support & Connection
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.2.4.</b>	<p>Compare the formal and informal social organizations, structures, and institutions of the United States with global societies.</p> <p><b>My Roadmap to the Future</b> Unit 3: Connections - Lesson 05: Making Connections</p> <p><b>My Success Roadmap</b> Unit 3: Highway Connections - Lesson 07: Social Support Unit 3: Highway Connections - Lesson 08: Analyzing Support &amp; Connection</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.1.</b>	Understand how American culture defines what it means to be an American.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.1.1.</b>	<p>Analyze expressions of identity within American literature, philosophy, and the arts.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence Multimedia Extensions: Importance of School / Goal-Setting</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.2.</b>	Understand the role of conformity and individualism in American culture.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.2.3.</b>	<p>Evaluate the extent to which individualism and the belief in the human capacity to solve problems has influenced American literature, philosophy, and the arts.</p> <p><b>Multimedia Extensions</b> Multimedia Extensions: Confidence</p>

<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.4.</b>	Understand how American culture has sought to balance individual rights with the common good.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.4.1.</b>	Deconstruct the concepts of freedom, equality, and justice in American literature, philosophy and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.4.2.</b>	Explain how discrepancies in freedom, equality and justice influenced American literature, philosophy and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities
<b>STRAND / ESSENTIAL STANDARD</b>		Culture
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>12.C.5.</b>	Understand how conflict and consensus influences American culture.
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.5.1.</b>	Analyze the relationship between conflict and consensus in American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CLARIFYING OBJECTIVE</b>	<b>12.C.5.6.</b>	Evaluate the extent to which conflict and consensus have shaped American literature, philosophy, and the arts.  <b>Multimedia Extensions</b> Multimedia Extensions: Confidence
<b>CONTENT AREA / STRAND</b>	<b>NC.12.AH.</b>	Social Studies Elective - American Humanities



STRAND / ESSENTIAL STANDARD		Culture
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	12.C.8.	Understand the relationship between innovation and American culture.
CLARIFYING OBJECTIVE	12.C.8.3.	Analyze the development of popular culture in terms of psychology, advertising, and consumerism.  <b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting
CLARIFYING OBJECTIVE	12.C.8.4.	Evaluate mediums of popular culture, such as music, television, photographs, and movies, in terms of historical context and accuracy.  <b>Multimedia Extensions</b> Multimedia Extensions: Importance of School / Goal-Setting
CONTENT AREA / STRAND	NC.CC.11-12.RH.	Reading Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Key Ideas and Details
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	11-12.RH.3.	Evaluate various explanations for actions or events and determine which explanation best accords with textual evidence, acknowledging where the text leaves matters uncertain.  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
CONTENT AREA / STRAND	NC.CC.11-12.RH.	Reading Standards for Literacy in History/Social Studies
STRAND / ESSENTIAL STANDARD		Integration of Knowledge and Ideas
ESSENTIAL STANDARD / CLARIFYING OBJECTIVE	11-12.RH.7.	Integrate and evaluate multiple sources of information presented in diverse formats and media (e.g., visually, quantitatively, as well as in words) in order to address a question or solve a problem.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School Unit 3: Highway Connections - Lesson 08: Analyzing Support &

		Connection
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.RH.</b>	Reading Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Range of Reading and Level of Text Complexity
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.RH.10.</b>	By the end of grade 12, read and comprehend history/social studies texts in the grades 11-12 text complexity band independently and proficiently.  <b>Multimedia Extensions</b> Multimedia Extensions: Connections
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.1.</b>	Write arguments focused on discipline-specific content.
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.1.c.</b>	Use words, phrases, and clauses as well as varied syntax to link the major sections of the text, create cohesion, and clarify the relationships between claim(s) and reasons, between reasons and evidence, and between claim(s) and counterclaims.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.1.d.</b>	Establish and maintain a formal style and objective tone while attending to the norms and conventions of the discipline in which they are writing.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.1.e.</b>	Provide a concluding statement or section that follows from or supports the argument presented.

		<p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.</b>	Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.a.</b>	<p>Introduce a topic and organize complex ideas, concepts, and information so that each new element builds on that which precedes it to create a unified whole; include formatting (e.g., headings), graphics (e.g., figures, tables), and multimedia when useful to aiding comprehension.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.b.</b>	<p>Develop the topic thoroughly by selecting the most significant and relevant facts, extended definitions, concrete details, quotations, or other information and examples appropriate to the audience's knowledge of the topic.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.c.</b>	<p>Use varied transitions and sentence structures to link the major sections of the text, create cohesion, and clarify the relationships among complex ideas and concepts.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>

		Planning
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.d.</b>	Use precise language, domain-specific vocabulary and techniques such as metaphor, simile, and analogy to manage the complexity of the topic; convey a knowledgeable stance in a style that responds to the discipline and context as well as to the expertise of likely readers.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.2.e.</b>	Provide a concluding statement or section that follows from and supports the information or explanation provided (e.g., articulating implications or the significance of the topic).  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.WHST.</b>	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Text Types and Purposes
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.3.</b>	(See note; not applicable as a separate requirement)
<b>CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.3.a.</b>	Note: Students' narrative skills continue to grow in these grades. The Standards require that students be able to incorporate narrative elements effectively into arguments and informative/explanatory texts. In history/social studies, students must be able to incorporate narrative accounts into their analyses of individuals or events of historical import.  <b>My Success Roadmap</b> Unit 1: Destination Success - Lesson 02: Your Goals Unit 1: Destination Success - Lesson 03: Career Ideas Unit 3: Highway Connections - Lesson 07: Social Support Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning
<b>CONTENT AREA / STRAND</b>	<b>NC.CC.11-12.WHST.</b>	Writing Standards for Literacy in History/Social Studies

<b>STRAND / ESSENTIAL STANDARD</b>		Production and Distribution of Writing
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.4.	<p>Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.5.	<p>Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach, focusing on addressing what is most significant for a specific purpose and audience.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 02: Your Goals  Unit 1: Destination Success - Lesson 03: Career Ideas  Unit 3: Highway Connections - Lesson 07: Social Support  Unit 7: Creating a Success Highways Itinerary - Lesson 15: Action Planning</p>
<b>CONTENT AREA / STRAND</b>	NC.CC.11-12.WHST.	Writing Standards for Literacy in History/Social Studies
<b>STRAND / ESSENTIAL STANDARD</b>		Research to Build and Present Knowledge
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.7.	<p>Conduct short as well as more sustained research projects to answer a question (including a self-generated question) or solve a problem; narrow or broaden the inquiry when appropriate; synthesize multiple sources on the subject, demonstrating understanding of the subject under investigation.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	11-12.WHST.8.	<p>Gather relevant information from multiple authoritative print and digital sources, using advanced searches effectively; assess the strengths and limitations of each source in terms of the specific task, purpose, and audience; integrate information into the text selectively to maintain the flow of ideas, avoiding plagiarism and overreliance on any one source and following a standard format for citation.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of</p>

		School
<b>ESSENTIAL STANDARD / CLARIFYING OBJECTIVE</b>	<b>11-12.WHST.9.</b>	<p>Draw evidence from informational texts to support analysis, reflection, and research.</p> <p><b>My Success Roadmap</b>  Unit 1: Destination Success - Lesson 04: Analyzing the Importance of School</p>

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